

SUMMER

2020

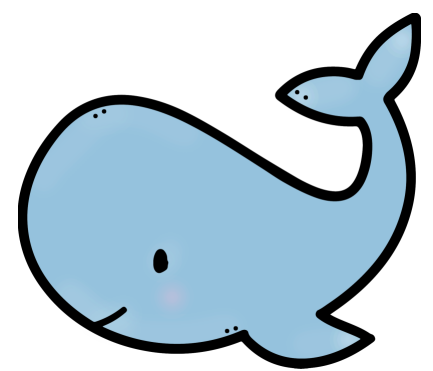
ACTIVITY - A - DAY

CALENDAR



LEVEL

2

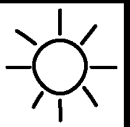
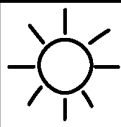


SUGGESTED AGE RANGE:

GRADE 2 - GRADE 4

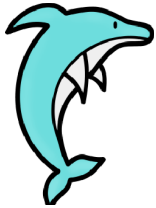
JUNE, JULY & AUGUST

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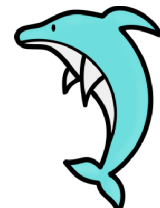


SUMMER

ACTIVITY-A-DAY



CALENDAR



INSTRUCTIONS:

1. Print out calendars.
2. Complete activities throughout the months of June, July and August.
3. Each week includes the following activities:
 - Monday = Fine Motor
 - Tuesday = Sensory Play
 - Wednesday = Visual Perceptual/Visual Motor Integration
 - Thursday = Handwriting
 - Friday = Gross Motor
 - Saturday = Around the House
4. Print accompanying weekly plans with detailed instructions and printable activities for each week!



Indicates a Weekly Plan printable resource

5. Have a fun and safe summer!

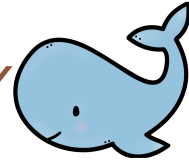
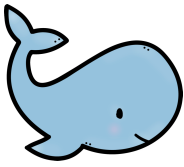
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LEVEL
2

JUNE SUMMER

Indicates a
Weekly Plan
Printable Resource



ACTIVITY-A-DAY

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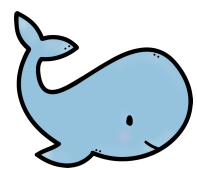
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	FINE MOTOR	SENSORY	VISUAL PERCEPTUAL/VMI	HANDWRITING	GROSS MOTOR	AROUND THE HOUSE
 WEEK 1	1 Eye Dropper 	2 Blowing Games 	3 I Spy Bottle 	4 Maze Fun! 	5 Jumping Jacks 	6 Put Laundry Away
7 WEEK 2	8 Paper Clip Fun! 	9 Side Walk Chalk 	10 Spatial Relations 	11 Make a List 	12 Obstacle Course 	13 Organize Toys
14 WEEK 3	15 Sort Coins 	16 Kinetic Sand 	17 Shadow Art 	18 Sand Tray 	19 Copy Me! 	20 Help Cook!
21 WEEK 4	22 Therapy Putty Exercises 	23 Nature Collection 	24 Mystery Puzzle 	25 Print Summer Words! 	26 Body Tangles 	27 Match Socks
28 WEEK 5	29 Use Tongs or Tweezers 	30 Make Goop 	 2020			



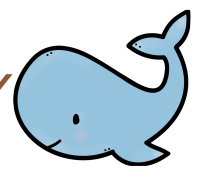
JULY



SUMMER

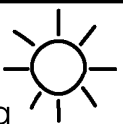
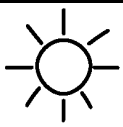


ACTIVITY-A-DAY



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SUNDAY	MONDAY FINE MOTOR	TUESDAY SENSORY	WEDNESDAY VISUAL PERCEPTUAL/VMI	THURSDAY HANDWRITING	FRIDAY GROSS MOTOR	SATURDAY AROUND THE HOUSE
 WEEK 1			1 Fold, Cut & Draw! 	2 Printing Practice 	3 Hop Scotch	4 Fruit Kabobs
	5 WEEK 2	6 Make Jewelry/Bracelets	7 Trampoline	8 Learn to Draw 	9 Summer Riddles 	10 Yoga Poses
12 WEEK 3	13 Therapy Putty Exercises 	14 Puffy Paint 	15 Q-Tip Art 	16 Hang Man 	17 Water Balloon Baseball	18 Sweep
19 WEEK 4	20 Thumb Print Art 	21 Squirt Toy Painting	22 Butterfly Copy 	23 ABC Order 	24 Walk the Plank	25 Sort Silverware
26 WEEK 5	27 Hole Punch 	28 Make Waves	29 Visual Closure 	30 Write a story! 	31 Exercise Time! 	

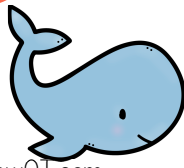


LEVEL

2

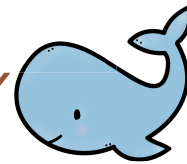
AUGUST

Indicates a Weekly Plan
Printable Resource



SUMMER

ACTIVITY-A-DAY



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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	FINE MOTOR	SENSORY	VISUAL PERCEPTUAL/VMI	HANDWRITING	GROSS MOTOR	AROUND THE HOUSE
 WEEK 1 						1 Wash Tables
2  WEEK 2 	3 Rangoli Coloring 	4 Chalk Spray 	5 Let me Think!	6 A-Z Scavenger Hunt 	7 Animal Walks 	8 Make Bed
9  WEEK 3 	10 Marshmallow Structures 	11 Tactile Tray	12 Cootie Catcher 	13 Write Letter 	14 Yoga 	15 Fold Laundry
16  WEEK 4 	17 Modeling Clay	18 Fruit Mix Dough 	19 Puzzle Time 	20 Printing Practice 	21 Hike	22 Make Fruit Smoothie 
23  WEEK 5 	24 Make a Pinwheel 	25 Ice Eggs 	26 Roll & Draw 	27 Summer Memories 	28 Swim	29 Put Away Groceries
30  WEEK 6 	31 Stack Coins! 	 				

SUMMER

ACTIVITY-A-DAY

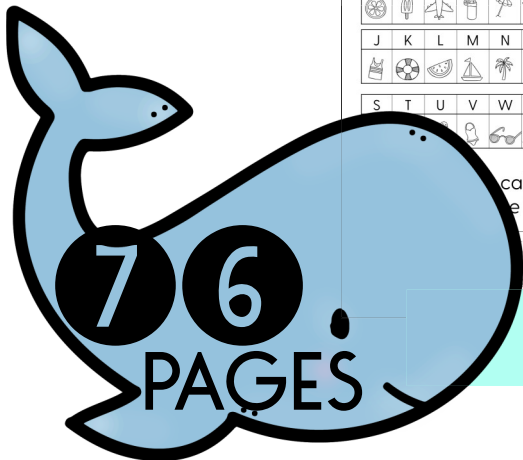
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BECOME A FULL PREMIUM MEMBER

& DOWNLOAD DETAILED WEEKLY PLANS
& PRINTABLE ACTIVITIES!

The collage features several educational worksheets:

- June Summer Weekly Plans (2020):** Includes activities like Fun Droppers, Biological Sketches, Soap Squeezing, Maze Fun, Jumping Jacks, and Put Laminates Away.
- August Summer Weekly Plans (2020):** Includes Wash Tables and a Memory game.
- July Summer Weekly Plans (2020):** Includes Fold, Cut & Draw, Print Letters, and Food Shape Structures.
- Handwriting Practice:** Boxed words activity for June and July.
- Spatial Relations:** Whale Fun activity for coloring and identifying colors.
- Learn to Draw a Dragon Fly:** A step-by-step drawing guide.
- Flower Pose:** A yoga or physical education activity.
- Therapy Putty Hand Exercise:** Coin Push & Pull activity.
- Stack Coins! Fine Motor Challenge:** A motor skills activity with a table for recording results.
- Summer Cryptogram:** A word search activity.
- Let's Make an I Spy Bottle:** A sensory bin activity with a table for recording items found.



ALREADY A FULL MEMBER?

DOWNLOAD PLANS HERE!

SUMMER

2020

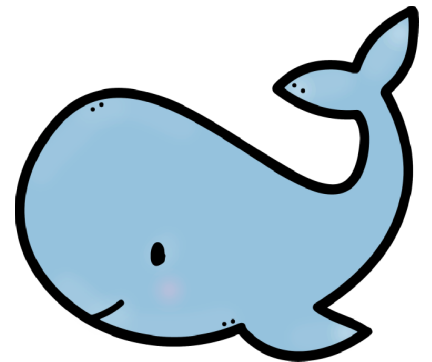
WEEKLY

DETAILED PLANS



LEVEL

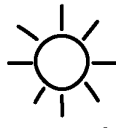
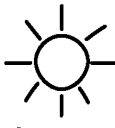
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SUGGESTED AGE RANGE:
GRADE 2 - GRADE 4

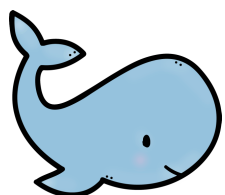
JUNE, JULY & AUGUST

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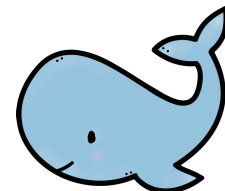


SUMMER

ACTIVITY-A-DAY



WEEKLY PLANS



INSTRUCTIONS:

1. Print out weekly lesson plans (pages 3 - 11).
2. Print out resources/activities for each week.
These are separated by Months:
 - »» JUNE: Pages 12 - 29
 - »» JULY: Pages 30 - 53
 - »» AUGUST: Pages 54 - 76
1. Complete activities throughout the months of June, July, and August.
2. Each week includes the following activities:
 - Monday = Fine Motor
 - Tuesday = Sensory Fun
 - Wednesday = Visual Perceptual/Visual Motor Integration
 - Thursday = Handwriting
 - Friday = Gross Motor
 - Saturday = Around the House
5. Do not force these activities. Enjoy and have fun with your child.
6. Have a wonderful and safe summer!

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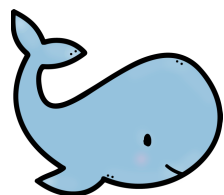


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JUNE

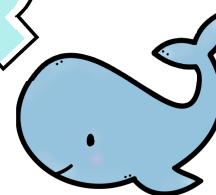
2020



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SUMMER

WEEKLY PLANS



LEVEL 2 : SUGGESTED AGE RANGE - GRADE 2 - GRADE 4

WEEK 1

MONDAY:
FINE MOTOR



Eye Dropper– Fill eye droppers with colored water; release droplets of water on the supplied resource or use wax paper and create your own activity.

TUESDAY:
SENSORY

Blowing Games– Use small lightweight feather or cotton ball. Child is to blow across the table. Can blow across the floor while on hands and knees. Can blow ping pong balls across the water of a shallow pool. Make a game by setting up a target to reach.

WEDNESDAY:
VISUAL
PERCEPTUAL/VMI



I Spy Bottle– Use a clear plastic bottle (ex: water bottle) and partially fill with sand, confetti, or paper strips. Next, use your imagination to add small items such as a sea shell, colored bead(s), small plastic animal toy, ribbon, coin, button, etc. Be sure to keep a list of these items that the child can read, because next he/she will be carefully rotating the bottle to “spy” for all the hidden treasures. Child can check off list as each item is discovered.

THURSDAY:
HANDWRITING



Maze Fun– Use supplied resource and complete the maze.

FRIDAY:
GROSS MOTOR



Jumping Jacks– Practice making an “X” with your body. Jump your legs out wide and lift your arms up high overhead. Next, make an “I”. Jump and bring your legs back together and arms down by your sides. Use supplied visual and instructions.

SATURDAY:
AROUND
THE HOUSE

Put Laundry Away– Help parents by placing folded clothes on easy to reach shelves and into drawers. Great opportunity for reaching, squatting and strengthening.



= Indicates a Weekly Plan Printable Resource

WEEK 2

MONDAY:  Paperclip Fun– Make a paperclip jellyfish! Use supplied instructions.
FINE MOTOR

TUESDAY: Sidewalk Chalk– Use chalk to practice coloring and writing. Draw long, curvy lines; child tries to stay on the line while walking. Draw letters about one foot apart; child jumps from letter to letter (a-z or spells out words).
SENSORY


WEDNESDAY:  Spatial Relations– Use supplied resource.
VISUAL

THURSDAY:  Summer Bucket List– Make a list of four things you want to do this summer.
HANDWRITING

FRIDAY: Obstacle Course– Use objects and toys that are available in your yard. This may include a rope, log, plank of wood, hula hoop, bricks, or large box. Arrange items with a start and end spot. Encourage the following actions: step over, jump over, crawl through, jump down, walk forward, walk backward, skip & gallop, crawl on hands and knees, etc.
GROSS MOTOR

SATURDAY: Organize Toys– Sort through “messy” toys and organize into containers or on shelves.
AROUND

WEEK 3

MONDAY:  Sort Coins– Use supplied resource to sort coins in the piggy bank.
FINE MOTOR

TUESDAY: Kinetic Sand– Use Kinetic sand to dig, scoop, pour, etc. Try using cookie cutters or a plastic knife to make shapes and designs.
SENSORY

WEDNESDAY: Shadow Art– See how the sun casts shadows of objects with this fun activity! Have child collect several objects (like plastic animal figurines) that will cast fun shadows. Put the objects in a sunny spot and look where the shadow falls. Place the paper directly under the shadow. Use a pencil or marker to outline the shadow carefully; then remove the paper. Color in the outline and add details to your shadow.
VISUAL PERCEPTUAL/VMI

THURSDAY: Sand Tray - Pour sand into a tray or baking sheet. Practice forming letters, shapes, and designs with your index finger in the sand.
HANDWRITING

FRIDAY:  Copy Me! - Use supplied pictures as a model for children to copy movement patterns.
GROSS MOTOR

SATURDAY: Help Cook– With adult supervision spread butter, tear lettuce, cut soft food in one-half, pour ingredients, stir, open & close jars, knead dough, peel fruit, and/or make a bowl of cereal.
AROUND THE HOUSE

WEEK 4

MONDAY:
FINE MOTOR



Therapy Putty Exercise – Use supplied resource.

TUESDAY:
SENSORY

Nature Collection – Provide a list of things for your child to find in the yard or at the park. Examples include: green leaf, 2 rocks, acorn, white flower, feather, stone.

WEDNESDAY:
VISUAL
PERCEPTUAL/VMI



Mystery Puzzle – Use supplied resource to solve the mystery puzzle.

THURSDAY:
HANDWRITING



Print Summer Words – Use supplied resource.

FRIDAY:
GROSS MOTOR

Body Tangles – While the child's eyes are closed, give directions about how he/she should move their body. Give a series of three directions such as “put your hands on your hips”, “cross your legs”, and “lean forward at the waist.”

SATURDAY:
AROUND
THE HOUSE

Match Socks – Provide a basket of unmatched socks for child to match.

WEEK 5

MONDAY:
FINE MOTOR



Use Tongs – Provide simple tongs to squeeze and release. Grasp small objects (pompoms, erasers, etc.) and place into containers. Use supplied resource.

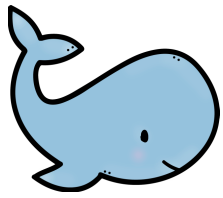
TUESDAY:
SENSORY



Make Goop – See supplied recipe. Mix corn starch and water for a fun tactile experience. Explore with fingers or mix with spoons or forks.

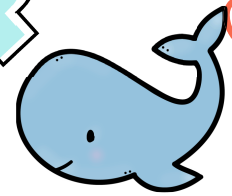
JULY

2020



SUMMER

WEEKLY PLANS



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LEVEL **2** : SUGGESTED AGE RANGE - GRADE 2 - GRADE 4

>>> WEEK 1

WEDNESDAY:

VISUAL
PERCEPTUAL/VMI



Fold, Cut & Draw- Use supplied resource to fold, cut and draw a sand castle.

THURSDAY:
HANDWRITING



Print Letters- Use supplied resource.

FRIDAY:
GROSS MOTOR

Hop Scotch- Use sidewalk chalk to make a simple or complex design. Demonstrate how to move from spot to spot by hopping (on one foot) and jumping (on two feet).

SATURDAY:
AROUND
THE HOUSE

Fruit Kabobs- Cut up pieces of fruit and place on skewers with help from a grown up.



= Indicates a Weekly Plan Printable Resource

WEEK 2

MONDAY:
FINE MOTOR

Make Jewelry/Bracelets- String dry pasta or small beads to make jewelry.

TUESDAY:
SENSORY

Trampoline- Get active by jumping up and down. If a trampoline is not available, consider using a pogo stick or an old cushion/mattress.

WEDNESDAY:
VISUAL
PERCEPTUAL/VMI



Learn to Draw!- Use supplied resource to learn to draw a Dragonfly!

THURSDAY:
HANDWRITING



Summer Riddle- Use supplied resource to solve the cryptogram.

FRIDAY:
GROSS MOTOR



Yoga Pose- Use supplied picture Yoga Card as a model for children to build strength, flexibility, and confidence.

SATURDAY:
AROUND
THE HOUSE

Clean up Toys- Clean up the toys in your bedroom, toy room, or house.

WEEK 3

MONDAY:
FINE MOTOR



Therapy Putty Exercise - Use supplied resource.

TUESDAY:
SENSORY



Puffy Paint- Follow the recipe to create this fun to use paint. You will need: 1 cup white shaving cream, ½ cup white liquid glue, small bowl, food coloring (optional), and paper to be painted. Mix the shaving cream and glue together in a bowl. If the mixture appears too “thin”, add more glue to make it “stiffer”. Use a brush or fingers to create project.

WEDNESDAY:
VISUAL
PERCEPTUAL/VMI



Q-Tip Art- Use a Q-Tip to paint the palm tree. Use supplied resource.

THURSDAY:
HANDWRITING



Hang Man- Use supplied resource.

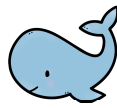
FRIDAY:
GROSS MOTOR

Water Balloon Baseball- Fill water balloons with water. Once they are full, the pitcher throws them and the batter hits the balloon with a whiffle bat or pool noodle.

SATURDAY:
AROUND
THE HOUSE

Sweep- Help sweep leaves off the driveway, sidewalk, porch or patio.

WEEK 4



MONDAY:
FINE MOTOR



Thumbprint Art- Use pad of finger to dab paint or ink on the fish.

TUESDAY:
SENSORY

Squirt Toy Painting- Mix tempera paint with water (50/50 mixture) and pour into a squirt toy. Use a canvas, paper, or white bed sheet and tape to a vertical surface. Squeeze the squirt toy and decorate your canvas with the paint!

WEDNESDAY:
VISUAL
PERCEPTUAL/VMI



Butterfly Copy- Use supplied resource to copy the butterfly.

THURSDAY:
HANDWRITING



ABC Order- Use supplied resource.

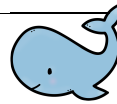
FRIDAY:
GROSS MOTOR

Walk the Plank- Make a simple balance beam by finding a board or wood beam of 4 inches wide and several feet long. Encourage your child to walk forward, backward, and sideways without falling off. Challenge them to stand still on one foot and to bend down to pick things from the floor as he/she moves across the beam.

SATURDAY:
AROUND
THE HOUSE

Sort Silverware- Sort tablespoons, teaspoons, forks and butter knives.

WEEK 5



MONDAY:
FINE MOTOR



Hole Punch- Use supplied resource and a hole punch to decorate a fish.

TUESDAY:
SENSORY

Make Waves- Blanket Parachute Fun! Spread out a twin sized blanket. Your child holds one end and the adult holds opposite corners. Place a collection of small, lightweight balls into the center of the blanket. Work together to make "waves" with the blanket doing your best to keep all the balls on top for as long as possible!

WEDNESDAY:
VISUAL
PERCEPTUAL/VMI



Visual Closure- Use supplied resource.

THURSDAY:
HANDWRITING



Write a Story- Use supplied resource to write a story about a summer adventure!

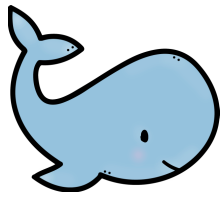
FRIDAY:
GROSS MOTOR



Exercise Time- Use supplied resource to move your body!

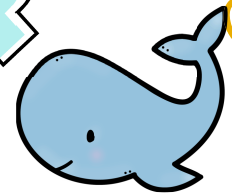
AUGUST

2020



SUMMER

WEEKLY PLANS



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LEVEL **2** : SUGGESTED AGE RANGE - GRADE 2 - GRADE 4

WEEK 1

SATURDAY:
AROUND
THE HOUSE

Wash Tables– Use damp sponge or cloth to wipe table tops or counters.

WEEK 2

MONDAY:
FINE MOTOR



Rangoli Coloring– Use supplied resource.

TUESDAY:
SENSORY



Chalk Spray– Use recipe to make chalk spray. Spray chalk on driveway, walkway, etc. and have fun!

WEDNESDAY:
VISUAL
PERCEPTUAL/VMI

Let me Think– Here is a great visual memory game that helps with observation skills and eye contact. Face your child and tell him/her to look at everything about your appearance for one minute. Next, the adult turns away and changes one thing while the child is not looking. Examples may include: unbuttoning a button, untying a shoe, rolling up a sleeve, messing up your hair, etc. Can your child tell you what was changed? Take turns.

THURSDAY:
HANDWRITING



A-Z Scavenger Hunt– Find something small that starts with the letters of alphabet. If time is a factor, break this activity into several days.

FRIDAY:
GROSS MOTOR



Animal Walks– Use supplied picture cards as a model for children to imitate the actions.

SATURDAY:
AROUND
THE HOUSE

Make Bed– Teach your child by turning this into a game of Simon Says. Have your child stand across the bed from you and tell them what to do, step by step. Transforming bed making into a game will turn what may seem like a chore to a special and fun time!



= Indicates a Weekly Plan Printable Resource

WEEK 3

MONDAY:
FINE MOTOR



Marshmallow Structures- Use supplied resource.

TUESDAY:
SENSORY

Tactile Tray- Fill a shallow tray with sand, salt, corn meal, or shaving cream. Child uses his/her finger to draw letters, numbers, shapes, and/or pictures.

WEDNESDAY:
VISUAL
PERCEPTUAL/VMI



Cootie Catcher- Use supplied resource to make a cootie catcher.

THURSDAY:
HANDWRITING



Write a Letter- Use the supplied resource to write a letter to someone special.

FRIDAY:
GROSS MOTOR



Yoga Pose- Use supplied picture Yoga Card as a model for children to build strength, flexibility, and confidence.

SATURDAY:
AROUND
THE HOUSE

Fold Laundry- Fold towels, small blankets and pillow cases into one-half and then quarters.

WEEK 4

MONDAY:
FINE MOTOR

Modeling Clay - Form simple figures (dog, cat, person, letters, etc.)

TUESDAY:
SENSORY



Fruit Mix Dough - Use supplied resource.

WEDNESDAY:
VISUAL
PERCEPTUAL/VMI



Summer Puzzle- Use supplied resource to make cut and glue together a summer puzzle.

THURSDAY:
HANDWRITING



Print Practice- Use supplied resource.

FRIDAY:
GROSS MOTOR

Hike- Plan a hike that is appropriate for your child's endurance; consider the length and terrain. Make a list of things your child should try to "discover" such as a: butterfly, chipmunk, squirrel, bird, acorn, large rock, red leaf, or a spider.

SATURDAY:
AROUND
THE HOUSE



Make a Fruit Smoothie- Use supplied resource to make a yummy smoothie.

>>> WEEK 5

MONDAY:
FINE MOTOR



Make a Pinwheel- Use supplied resource.

TUESDAY:
SENSORY



Ice Eggs- This is a fun sensory activity that children will really enjoy on a hot day. The child will also have a small little toy once the eggs melt!

WEDNESDAY:
VISUAL
PERCEPTUAL/VMI



Roll & Draw- Use supplied resource.

THURSDAY:
HANDWRITING



Summer Memories- Use supplied resource.

FRIDAY:
GROSS MOTOR

Swim – Enjoy a fun day splashing in the water!

SATURDAY:
AROUND
THE HOUSE

Put Away Groceries- Help parents by placing canned and boxed goods on reachable shelves. Practice sorting similar items and reading the names of each product. Great opportunity for reaching, squatting and strengthening.

>>> WEEK 6

MONDAY:
FINE MOTOR



Stack Coins- Use supplied resource for this fun fine motor challenge!

SUMMER

JUNE

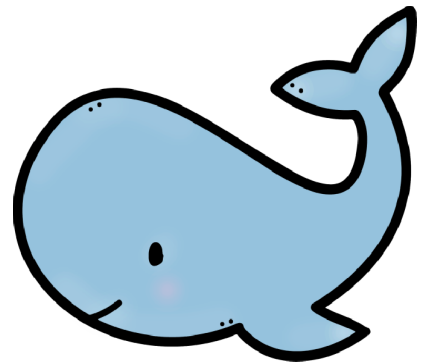
2020

WEEKLY
RESOURCES



LEVEL

2



SUGGESTED AGE RANGE:
GRADE 2 - GRADE 4

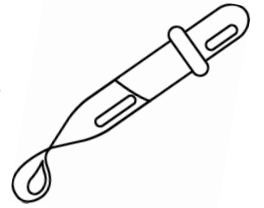
JUNE

WEEK 1

LEVEL 2

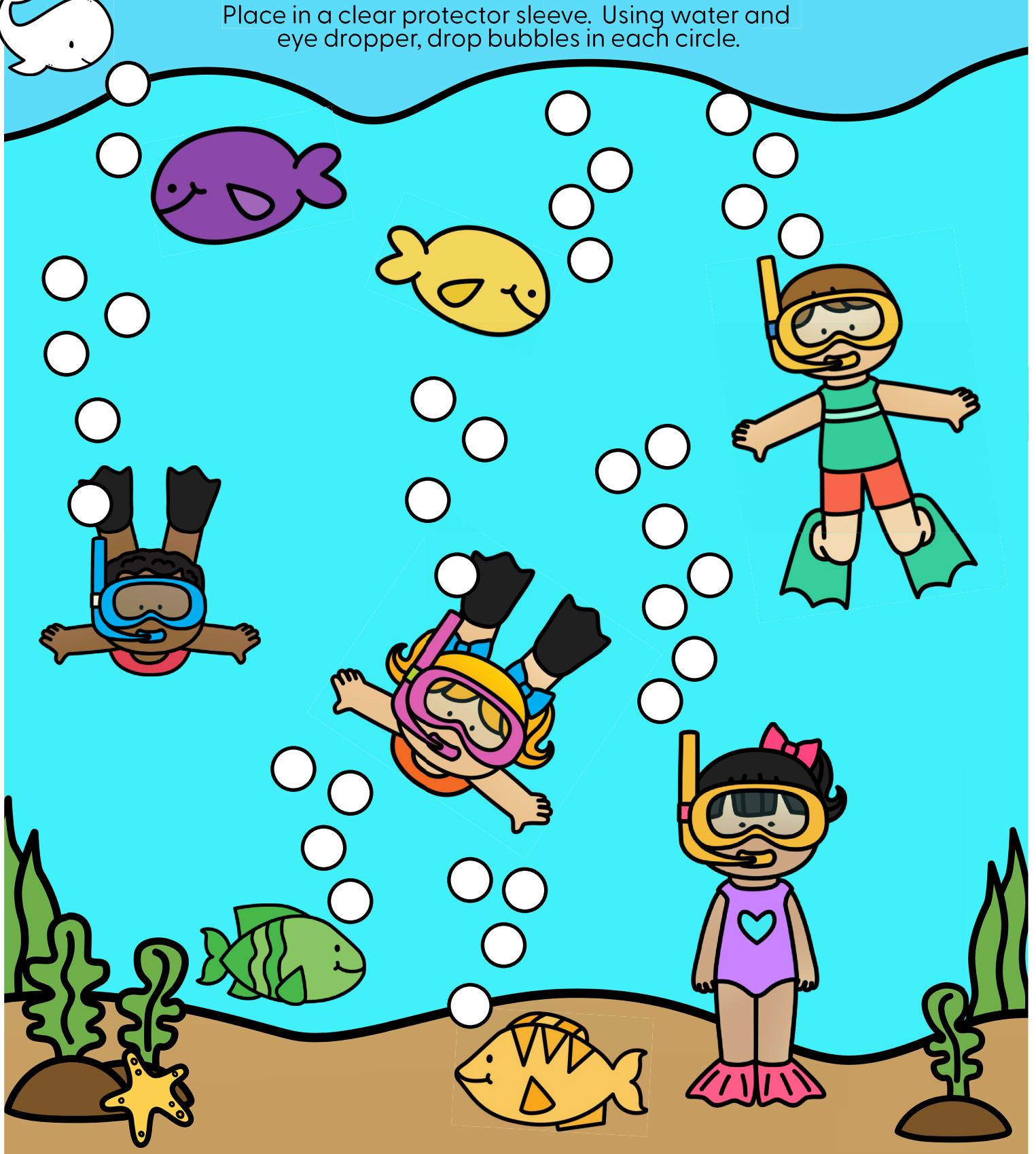
SNORKEL BUBBLES!

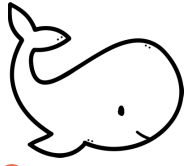
EYE DROPPER FUN



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Place in a clear protector sleeve. Using water and eye dropper, drop bubbles in each circle.



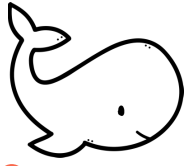


LET'S MAKE AN I SPY BOTTLE

INSTRUCTIONS:

- ☑ Find a clear plastic bottle (ex: water bottle)
- ☑ Partially fill with sand, confetti, or paper strips
- ☑ Next, use your imagination to add small items such as:
 - sea shells
 - colored bead(s)
 - small plastic animal toy
 - ribbon
 - coin(s)
 - button(s)
- ☑ Make a list of these items on the next page
- ☑ Next carefully rotate the bottle to “spy” for all the hidden treasures.
- ☑ Check off list as each item is discovered.

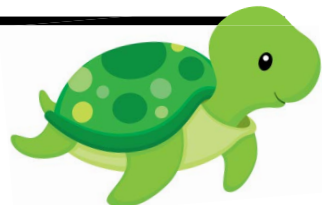
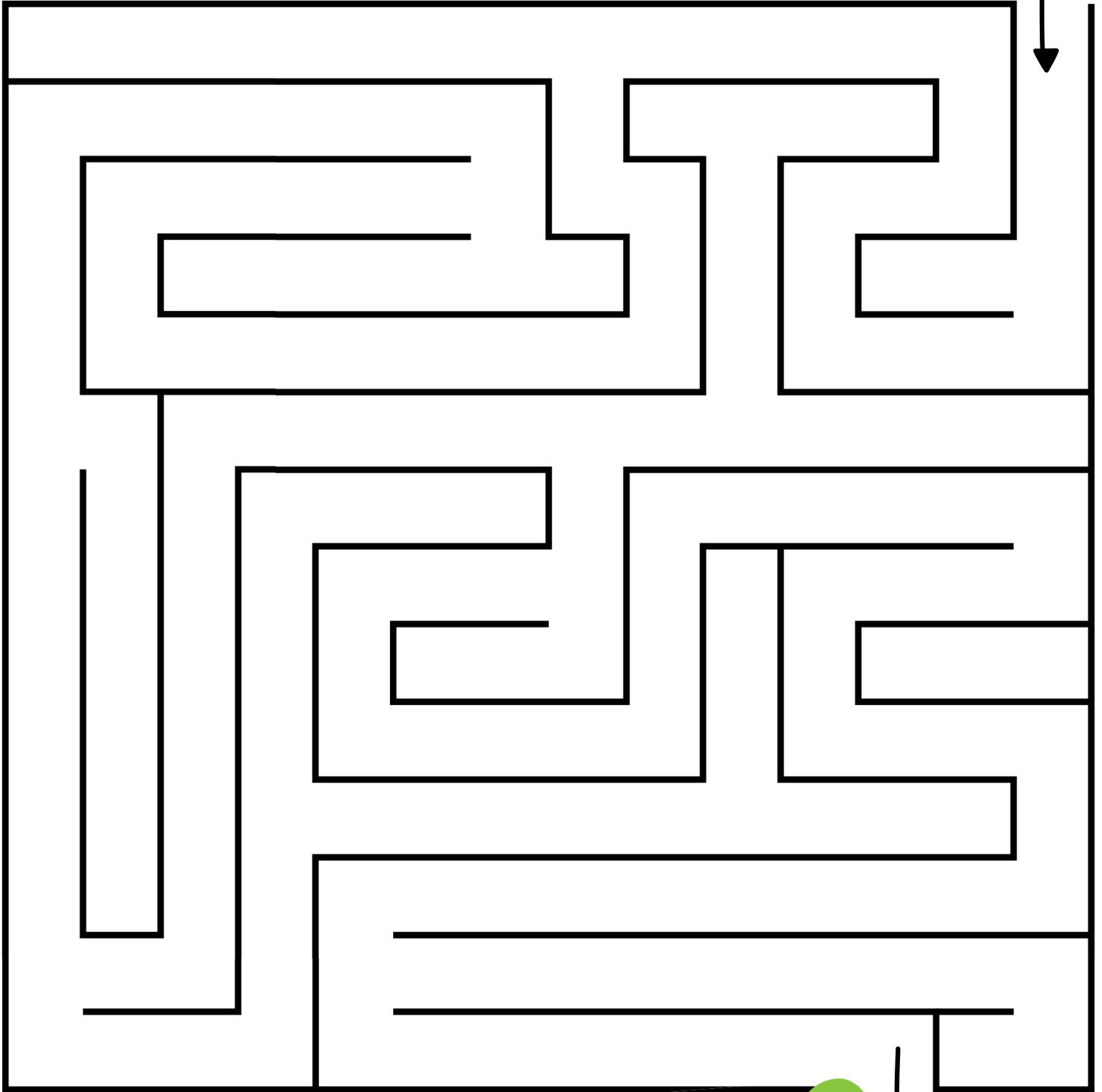


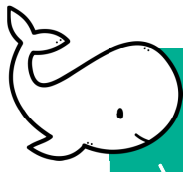


MAZE FUN



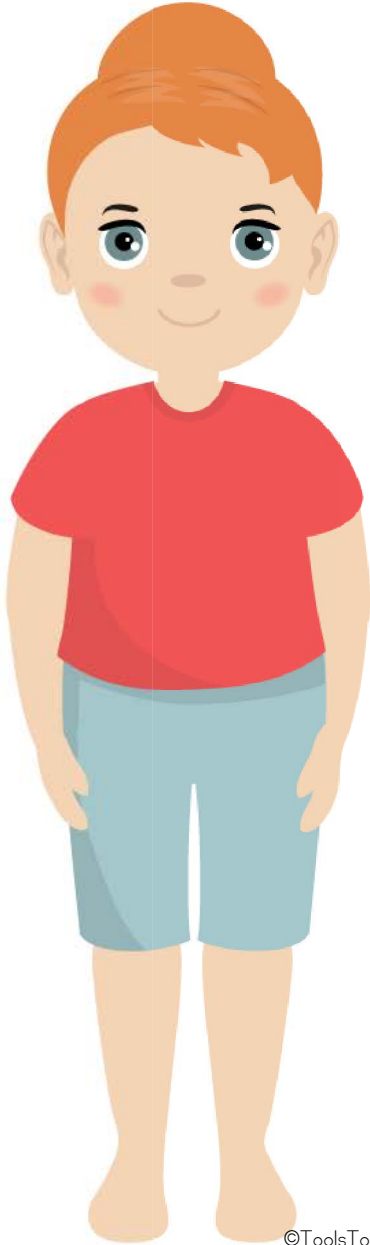
Help the baby turtle get to his Mom.





JUMPING JACKS!

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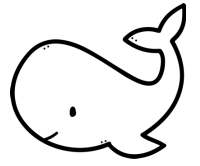


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- ✓ Start by standing with feet together on a shape or marked area, arms down at sides.
 - ✓ Jump feet open (feet off of the shape/marker) while opening arms up overhead.
 - ✓ Then jump feet closed while bringing arms back to sides.
 - ✓ Repeat 10 times!
-

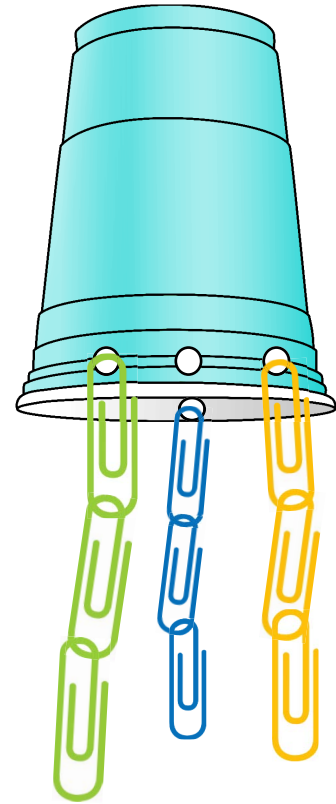
PAPERCLIP JELLYFISH CRAFT



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YOU WILL NEED:

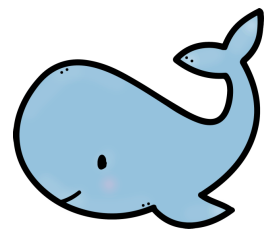
- ✓ Paper or Plastic Cup
- ✓ Paperclips
- ✓ Google Eyes
- ✓ Hole Punch
- ✓ String



INSTRUCTIONS:

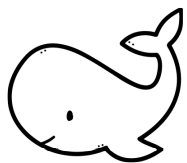
1. Use a hole punch to punch 8 holes around the top drinking edge of the cup.
2. Make 8 paperclip tentacle chains. Make patterns of use a different color for each tentacle “chain”.
3. Connect each chain to the cup through the hole.
4. Add some google eyes to the cup.
5. Have an adult poke a hole at the bottom of your cup and place a string to hang your Jellyfish!

SPATIAL RELATIONS WHALE FUN!

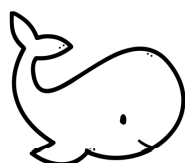


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Color the whales the correct color depending on the direction it is turned.



BLUE



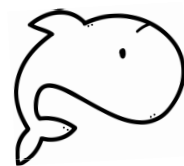
YELLOW



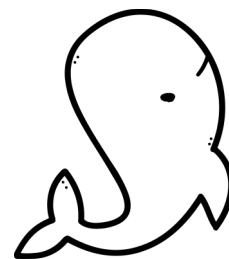
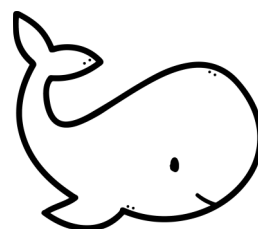
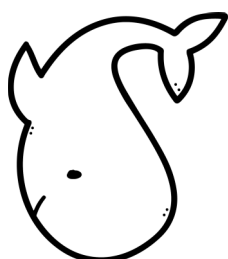
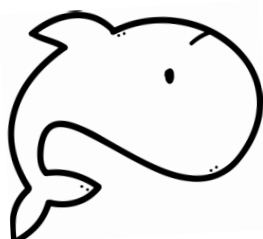
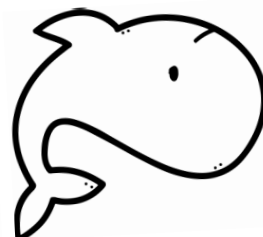
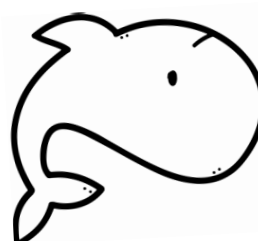
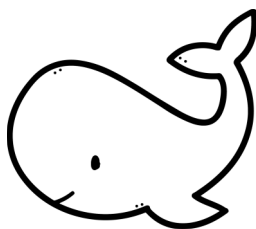
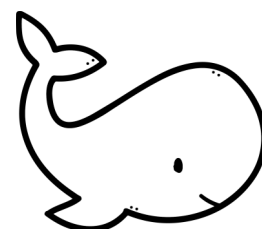
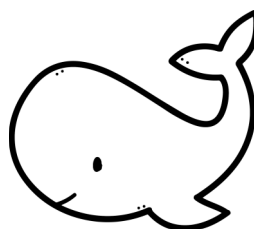
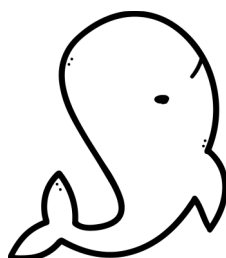
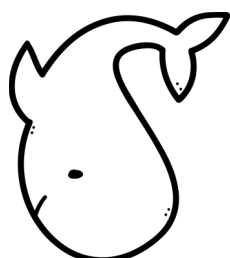
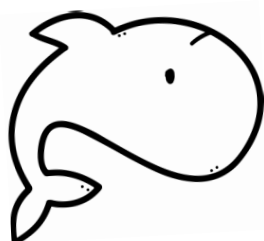
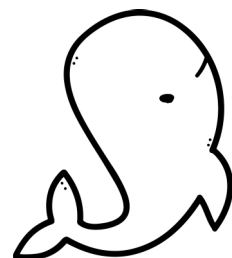
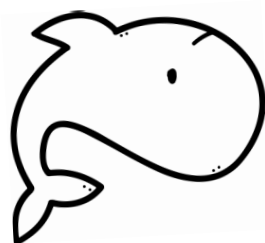
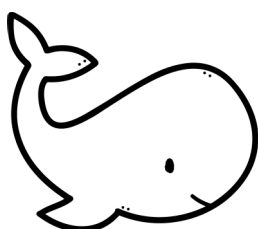
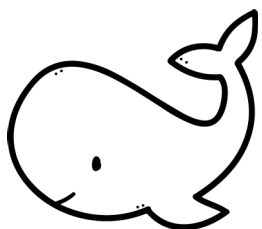
RED



GREEN



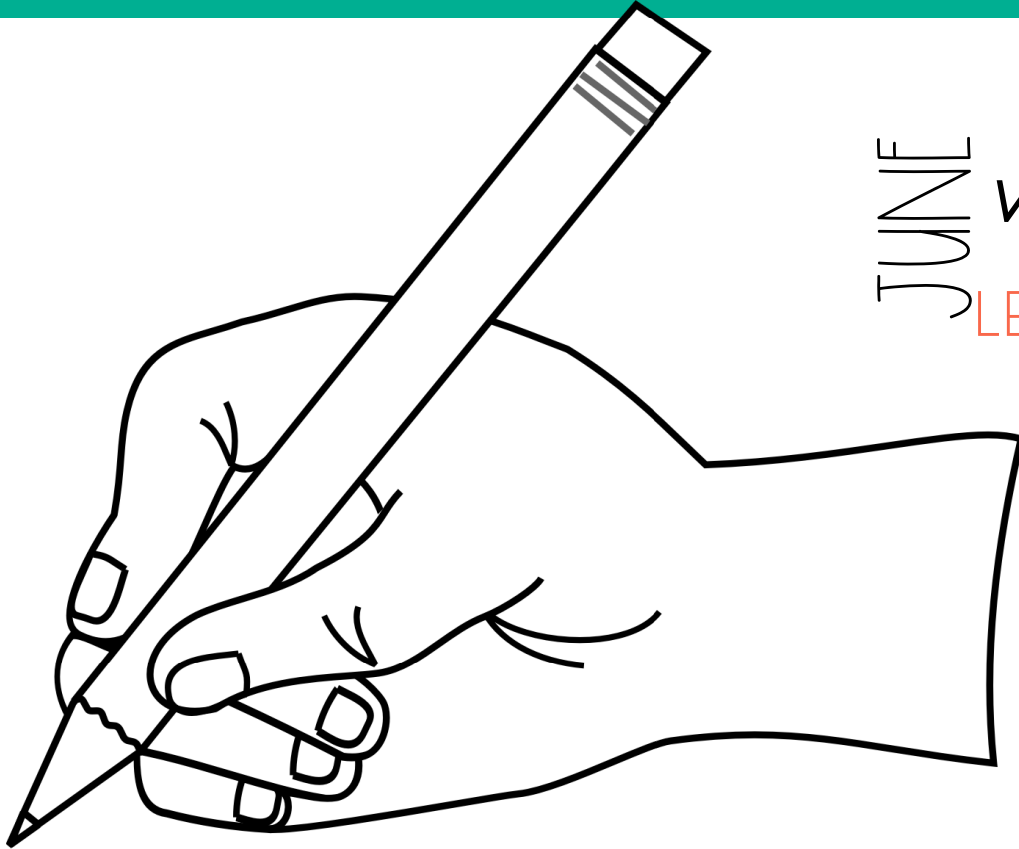
ORANGE



Hold Your PENCIL CORRECTLY

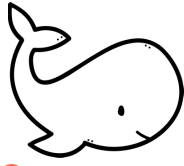
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JUNE
WEEK
2
LEVEL 2



- 1 Hold the pencil with your thumb and index finger.
 - 2 Thumb and index finger point toward tip of pencil.
 - 3 Pencil rests on side of middle finger.
 - 4 Last 2 fingers curl into palm.
-

JUNE
WEEK 1
LEVEL 2



Write 4 things you hope to do this summer. Color the picture!

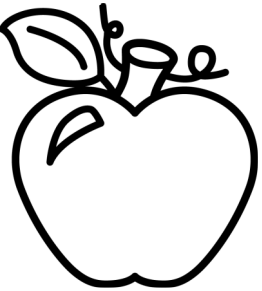
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COIN MATCH!

1. Cut out each coin square below.
2. The child will select coin combinations that will add up to the specified purchase price of the item on that card. The coin combinations that will be used are dictated by the number of "empty coin squares" on that given card.
3. Child places selected coins onto coin squares.

Apple

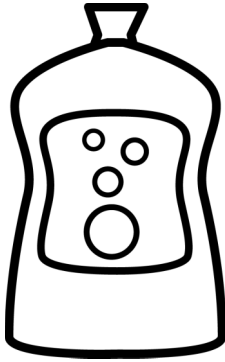


12¢

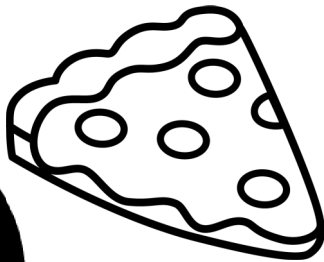
Soap

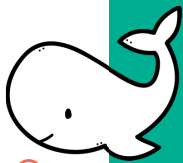
85¢



Pizza

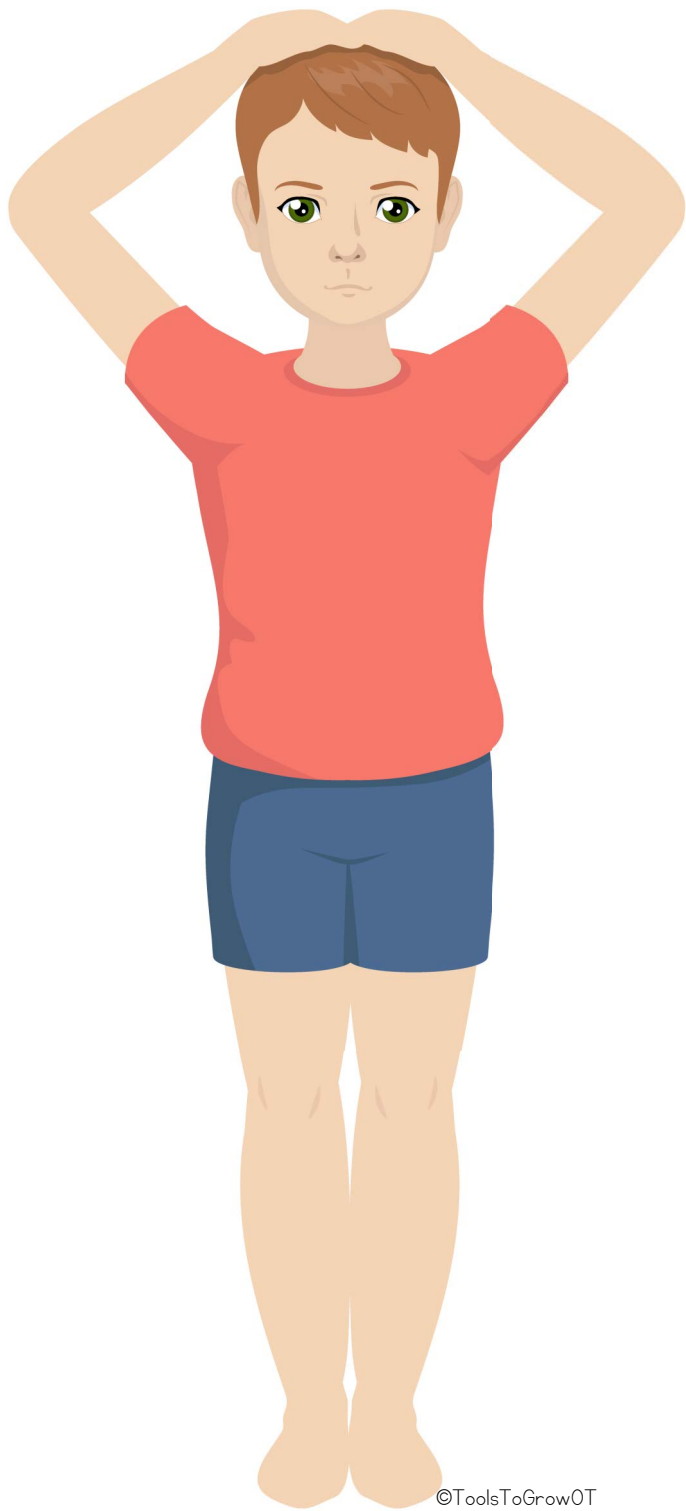
\$1.00



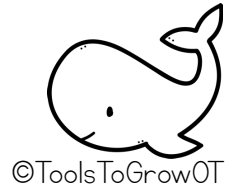


COPY ME!

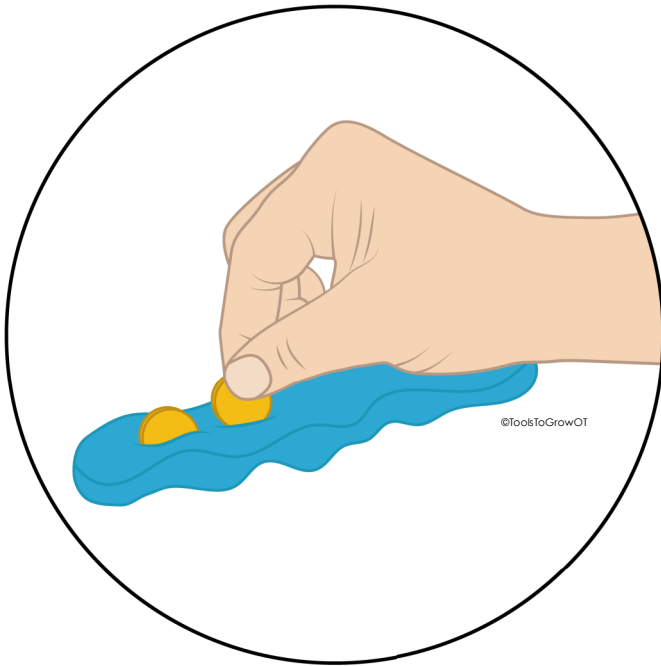
BODY POSITIONS



THERAPY PUTTY HAND EXERCISE

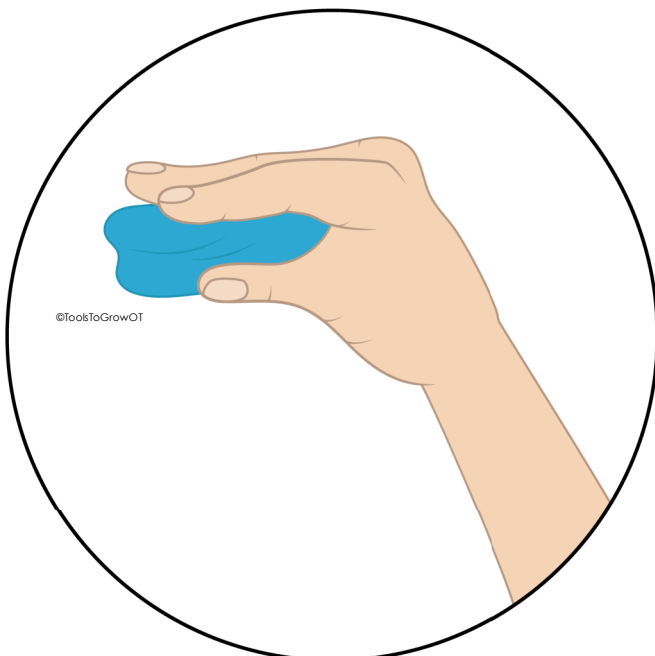


>>> COIN PUSH & PULL <<<



- 1 Place a thick strip of putty on a flat surface.
- 2 Grasp a clean coin between the tip of your thumb and index finger.
- 3 Push coins down into the putty.
- 4 Pull coins out in the same manner.
- 5 Reform and repeat.

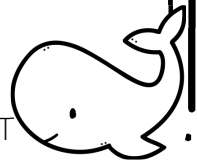
>>> THE ALLIGATOR <<<



- 1 Place putty between the thumb and fingers.
- 2 The thumb stays underneath as you squeeze by bending only at the knuckles.
- 3 The other finger joints remain straight.
- 4 Reform and repeat.

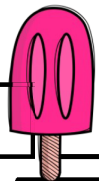
MYSTERY PUZZLE

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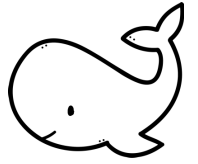
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G: GREEN O: ORANGE BR: BROWN W: WHITE P: PURPLE

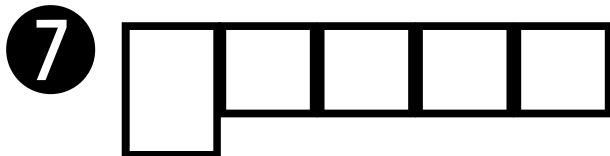


HANDWRITING PRACTICE

BOXED WORDS



Which box would each word best fit in?
Print the words below.



WORD
LIST

summer

whale

sand

grass

beach

kite

swim

bike

crab

ocean

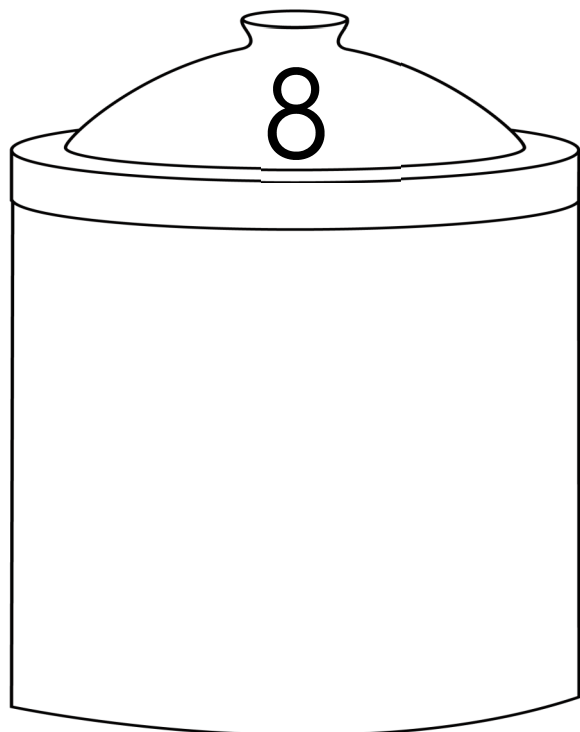
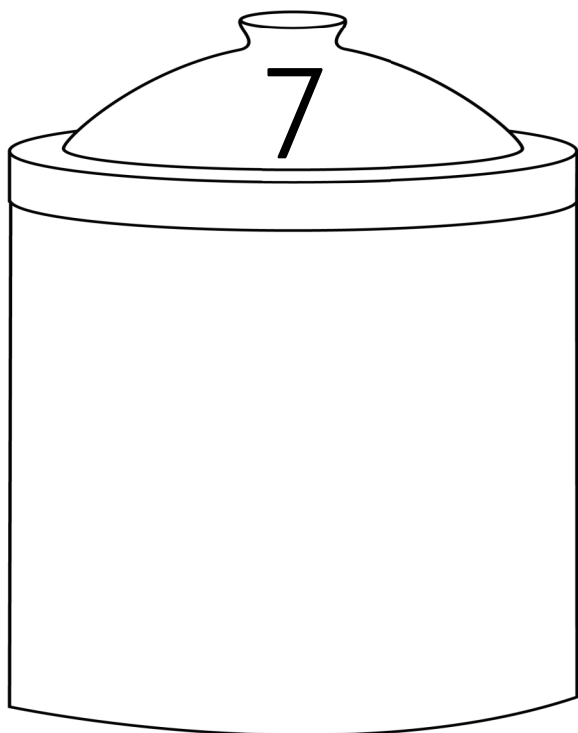
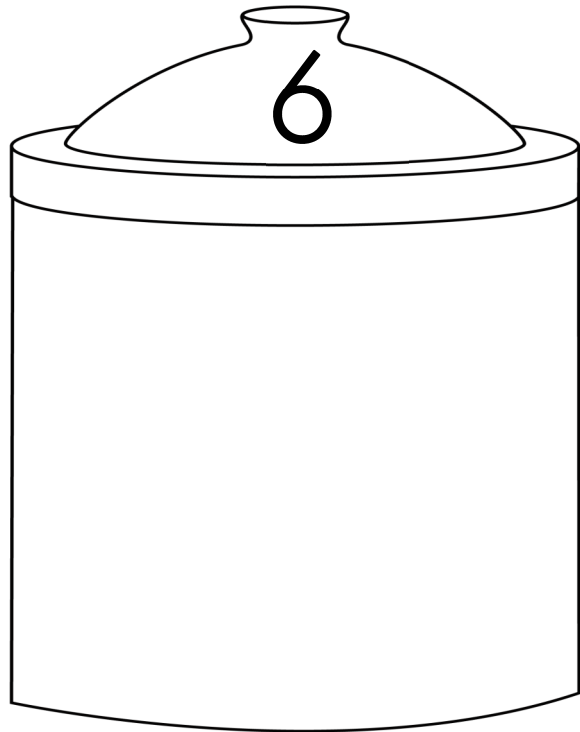
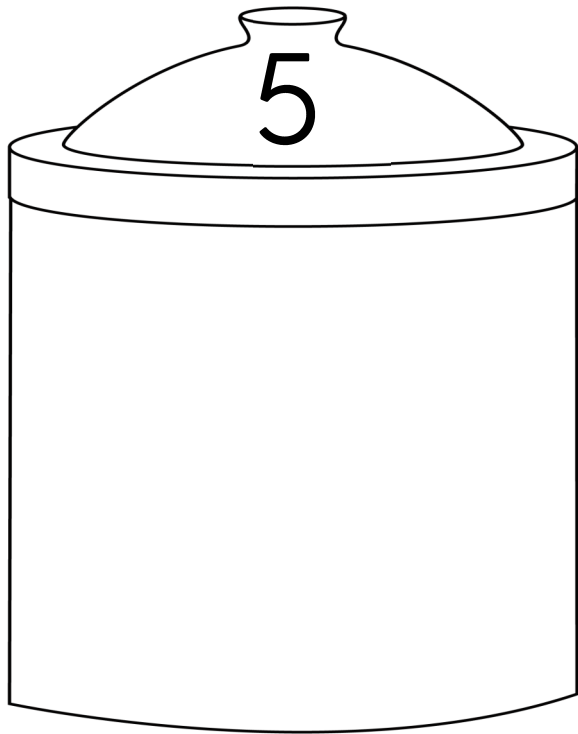
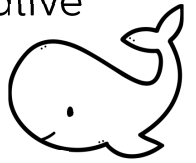
JUNE

WEEK 5

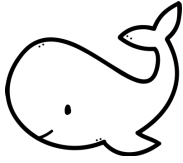
LEVEL 2

TWEEZERS & TONGS JARS

Use tongs or tweezers to place the number of items that match the number on each lid. Use any manipulative (buttons, cereal, pegs, beads, etc.).



JUNE
WEEK
5
LEVEL 2



LET'S MAKE GOOP!

YOU WILL NEED:

- ✓ 2 cups corn starch
- ✓ 4 cups water
- ✓ Food coloring (optional)
- ✓ 1 large pan (about 10x12 inches with elevated sides)

DIRECTIONS:

1. Pour corn starch into the pan.
2. Slowly add the water.
3. Squeeze and knead the mixture as water is very slowly added.

FUN TIPS:

- ☺ This tactile mixture fascinates young children.
- ☺ It crumbles when you try to pick it up, but once in your hand it “melts” out.
- ☺ This activity can get messy; have protection for the clothing and the play area.

SUMMER

JULY

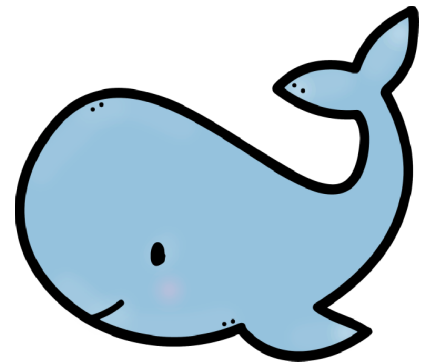
2020

WEEKLY
RESOURCES



LEVEL

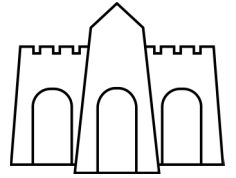
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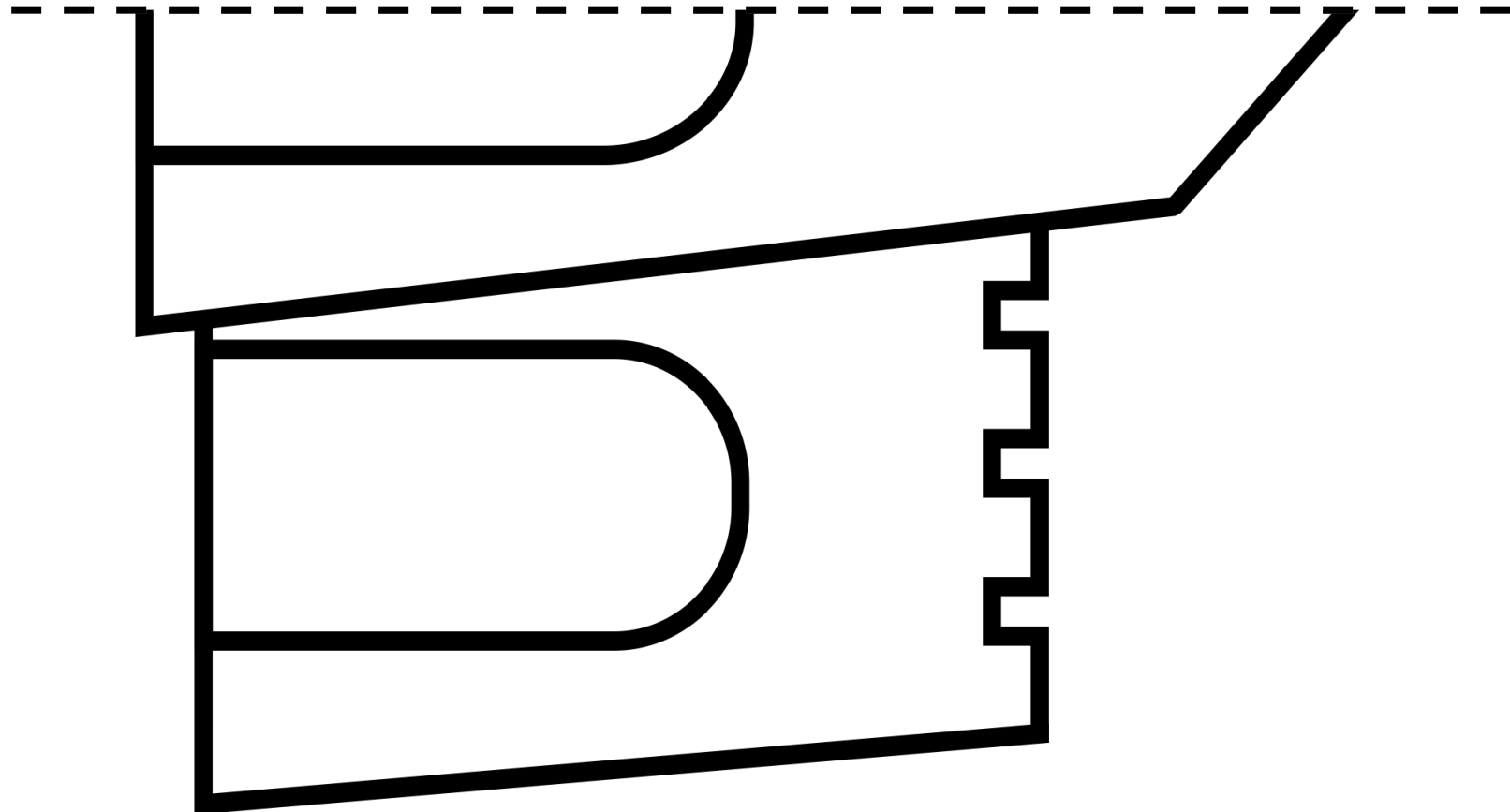
SUGGESTED AGE RANGE:
GRADE 2 - GRADE 4

FOLD & CUT

1. Fold the paper in half down the middle dotted line.
2. Cut on the black outer lines.
3. Open the paper to reveal the Summer design.
4. Complete the picture by drawing the other side.

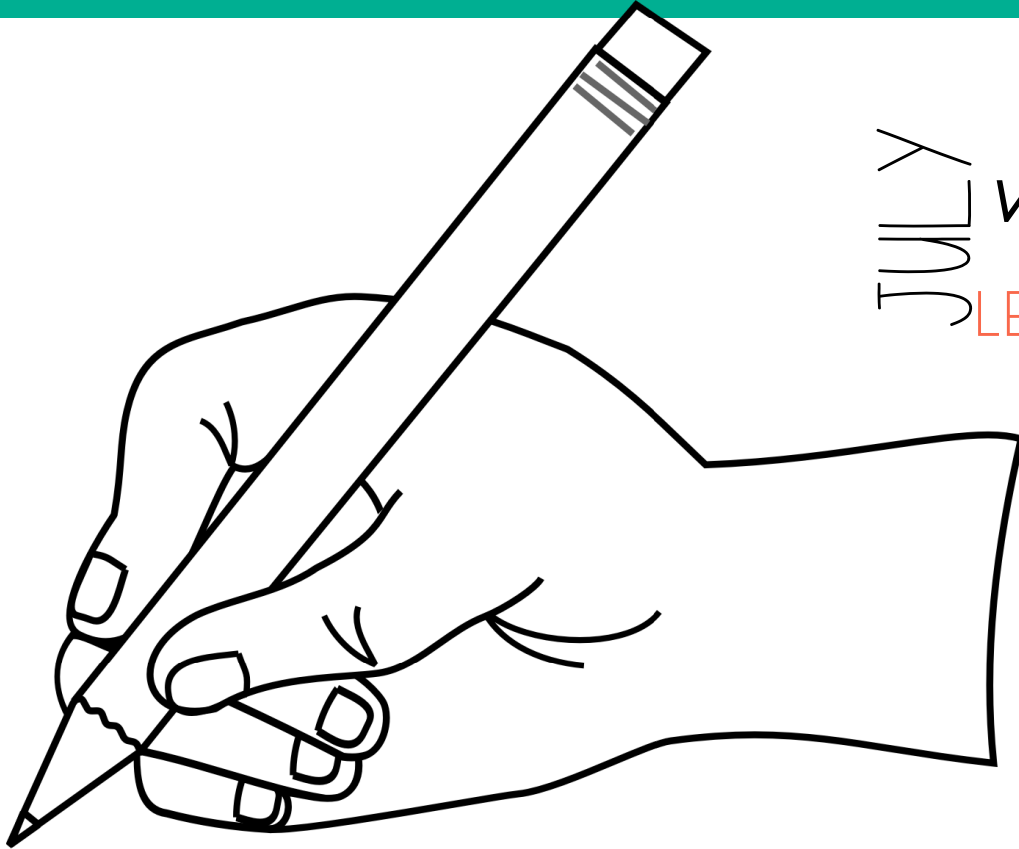


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Hold Your PENCIL CORRECTLY

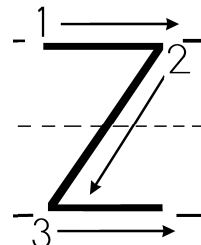
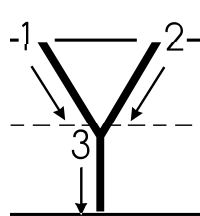
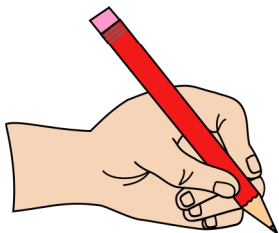
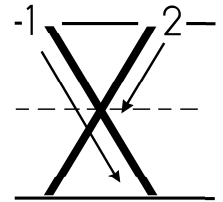
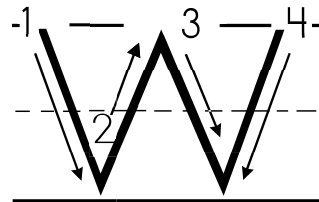
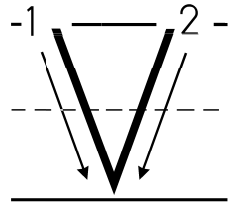
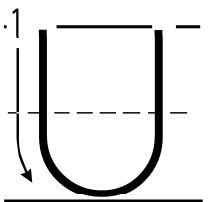
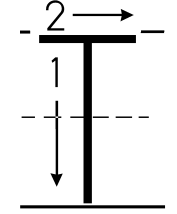
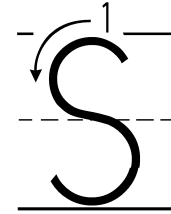
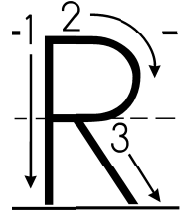
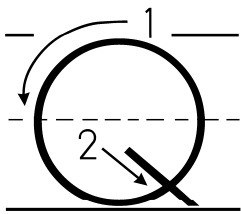
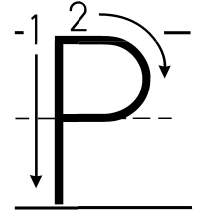
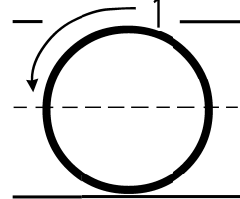
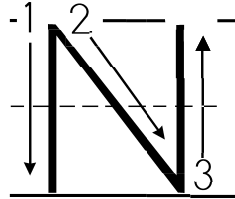
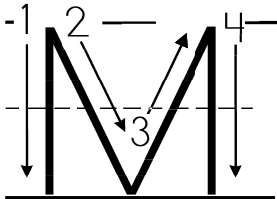
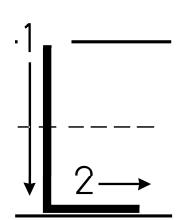
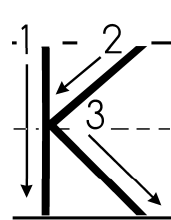
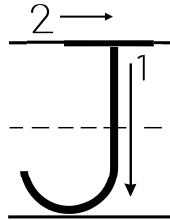
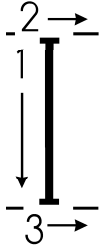
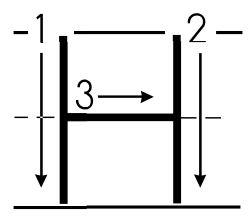
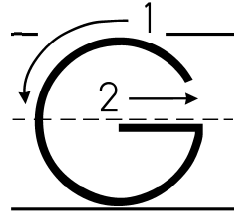
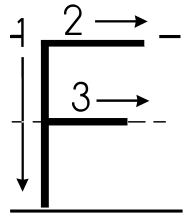
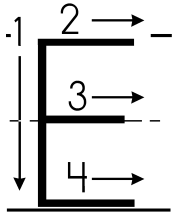
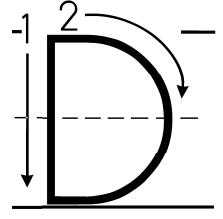
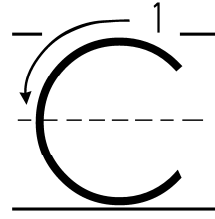
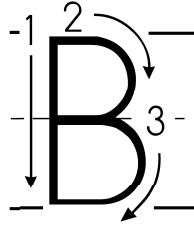
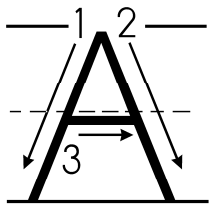
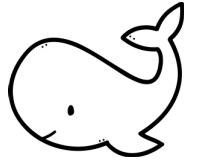
©ToolsToGrowOT



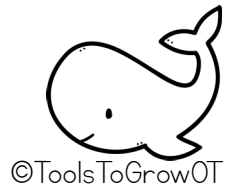
- 1 Hold the pencil with your thumb and index finger.
 - 2 Thumb and index finger point toward tip of pencil.
 - 3 Pencil rests on side of middle finger.
 - 4 Last 2 fingers curl into palm.
-

LETTER FORMATION

UPPER CASE LETTERS



I CAN PRINT UPPER CASE LETTERS!



A

B

C

D

E

F

G

H

I

J

K

L

M

N

O

P

Q

R

S

T

U

V

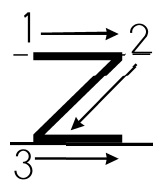
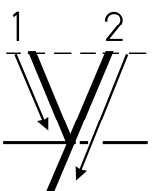
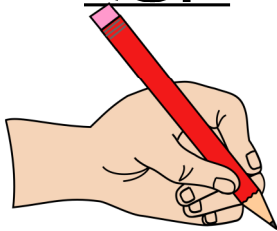
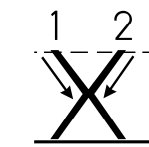
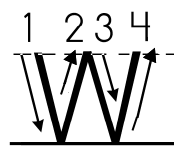
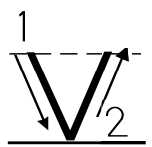
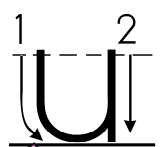
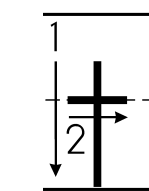
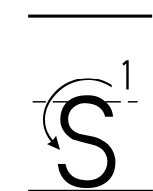
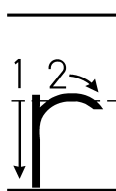
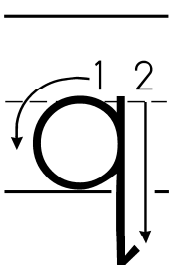
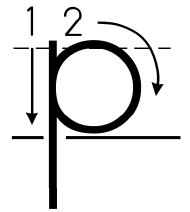
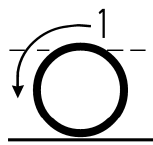
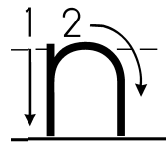
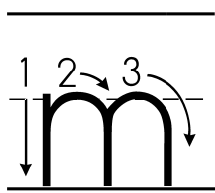
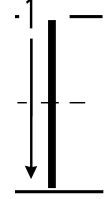
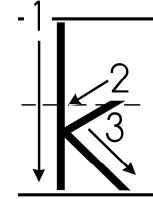
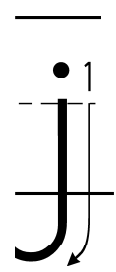
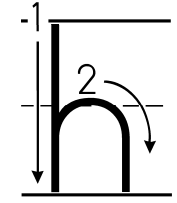
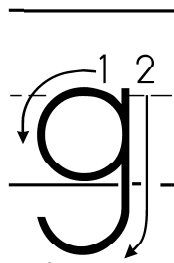
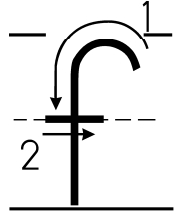
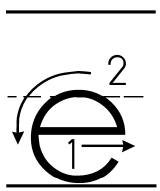
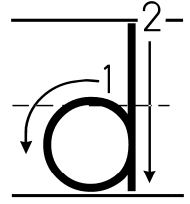
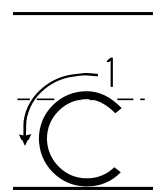
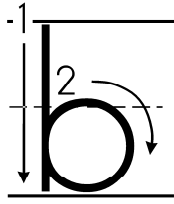
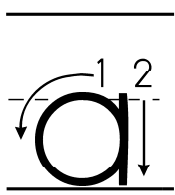
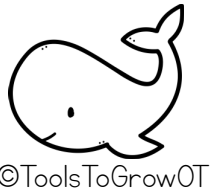
W

X

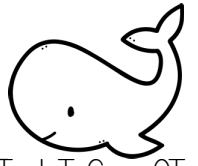
Y

Z

LETTER FORMATION LOWER CASE LETTERS



I CAN PRINT LOWER CASE LETTERS!



©ToolsToGrowOT

a

b

c

d

e

f

g

h

i

j

k

l

m

n

o

p

q

r

s

t

u

v

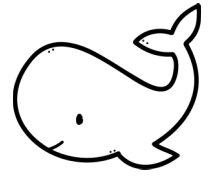
w

x

y

z

LEARN TO DRAW A dragon fly

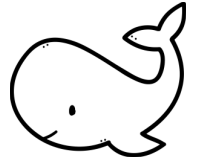


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STEP 1 	STEP 2 	STEP 3
STEP 4 	STEP 5 	STEP 6

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SUMMER CRYPTOGRAM PRINTING FUN!



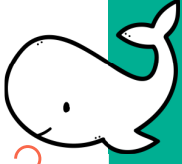
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»» To find the answer write the letter on the correct line.

A	B	C	D	E	F	G	H	I
J	K	L	M	N	O	P	Q	R
S	T	U	V	W	X	Y	Z	

“What do you call a dog on the beach in the Summer?”





STAR POSE

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1. Stand tall, with feet shoulder width apart.
 2. Extend arms straight out to the sides.
 3. Stand still or sway back and forth.
-

THERAPY PUTTY

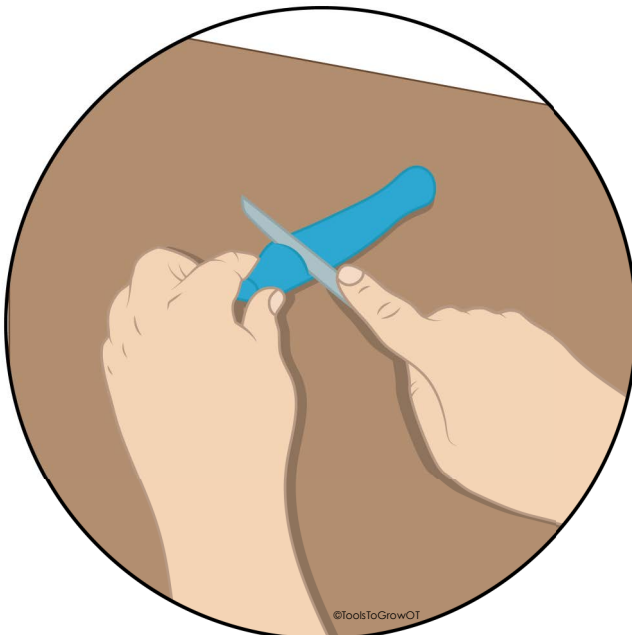
HAND EXERCISE

>>> THE TEAR <<<



- 1 Grasp a ball of putty between the thumbs and fingers of both hands.
- 2 Gently pull until a small piece of putty is torn off.
- 3 Continue until only tiny pieces of putty remain.

>>> CUT WITH PLASTIC KNIFE <<<



- 1 Create a log of putty.
- 2 Grasp a safety knife handle with your thumb and pointer finger on top of the handle.
- 3 Your last three fingers are tucked into your palm.
- 4 Press down while moving back/forth to cut.
- 5 Repeat.

PUFFY PAINT CRAFT



MATERIALS NEEDED:

- ☑ Ice Cream template (attached)
- ☑ Puffy Paint Recipe (attached)
- ☑ White Glue
- ☑ Shaving Cream
- ☑ Scissors
- ☑ Brown Crayon/Colored Pencil
- ☑ Hole Punch & Colored Paper (Optional)

PRINT INSTRUCTIONS:

1. Print out Ice Cream Template (attached) on heavy card-stock paper. One per child.
2. Print out blank page. One per child.

HOW TO COMPLETE CRAFT:

1. Cut out ice cream and cone.
2. Glue on blank page as indicated.
3. Create puffy paint per recipe.
4. Add paint on top of ice cream.
5. Optional: Use a hole punch to punch out dots for sprinkles and/or chocolate chips. Draw a cherry on top!
6. Once painted, project will require several hours to dry.

PUFFY PAINT RECIPE



YOU WILL NEED:

- ✓ 1 cup white shaving cream
- ✓ 1/2 cup white liquid glue
- ✓ Small bowl
- ✓ Food Coloring (optional)

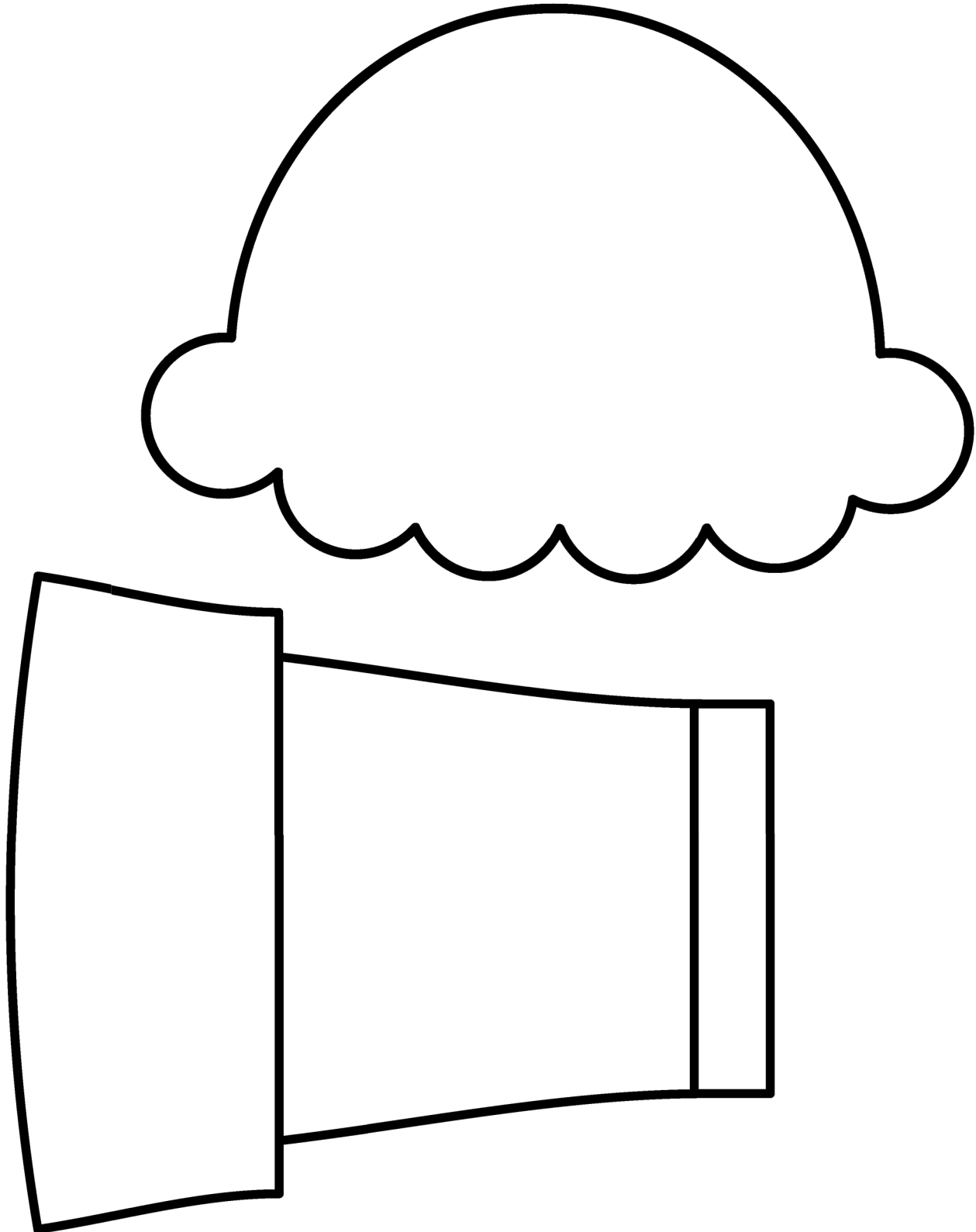
DIRECTIONS:

1. Mix the shaving cream and glue together in a bowl.
2. If the mixture appears too “thin”, add more glue to make it “stiffer”.
3. Add food coloring to make your “flavored” ice cream.

FUN TIPS:

- ☺ Some children may initially resist mixing the ingredients with their fingers.
- ☺ Allow them to use a spoon until he or she develops a tolerance.
- ☺ Some children may need to apply the mixture with a paint brush.
- ☺ Gently entice your child to use the mixture as finger paint.
- ☺ When dry the paint will have an elevated or puffy appearance.

PUFFY PAINT TEMPLATE





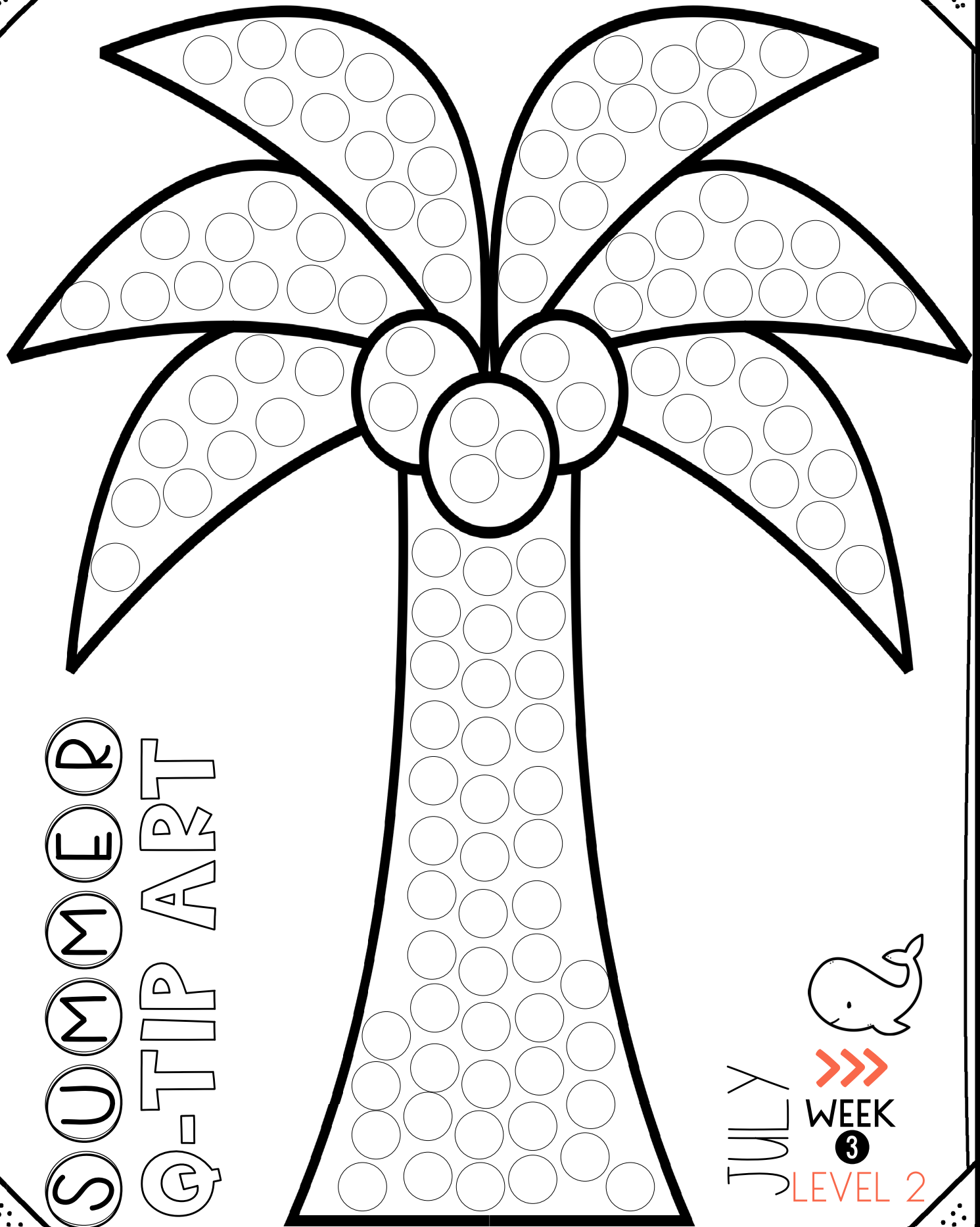
PUFFY PAINT ICE CREAM!



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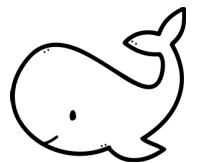
Glue Ice Cream
HERE

Glue Cone
HERE



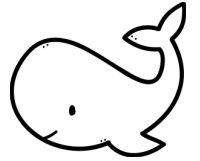
SUMMER
Q-TIP ART

JULY
WEEK 3
LEVEL 2

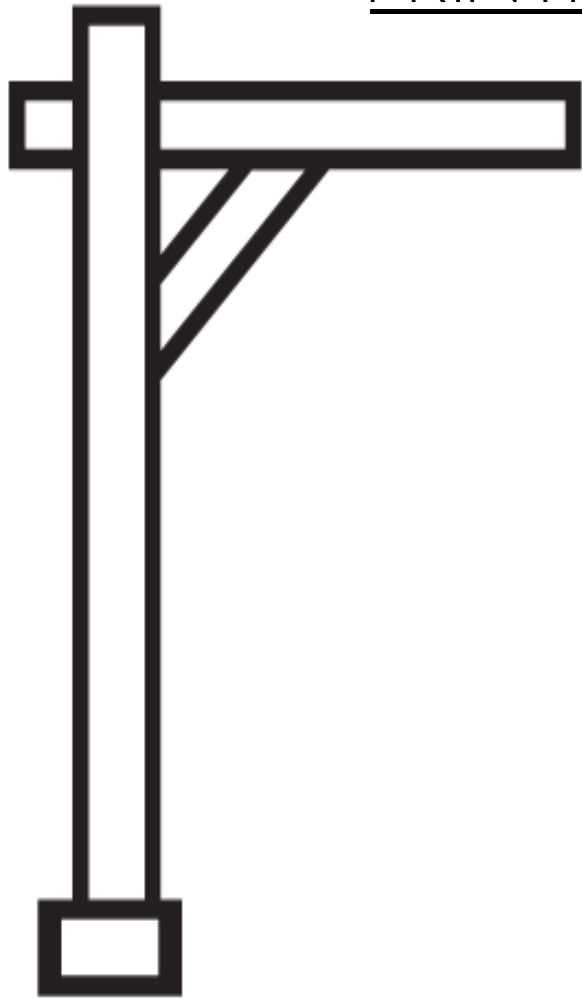


HANG MAN

PRINTING PRACTICE



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CROSS OFF
INCORRECT GUESSES:

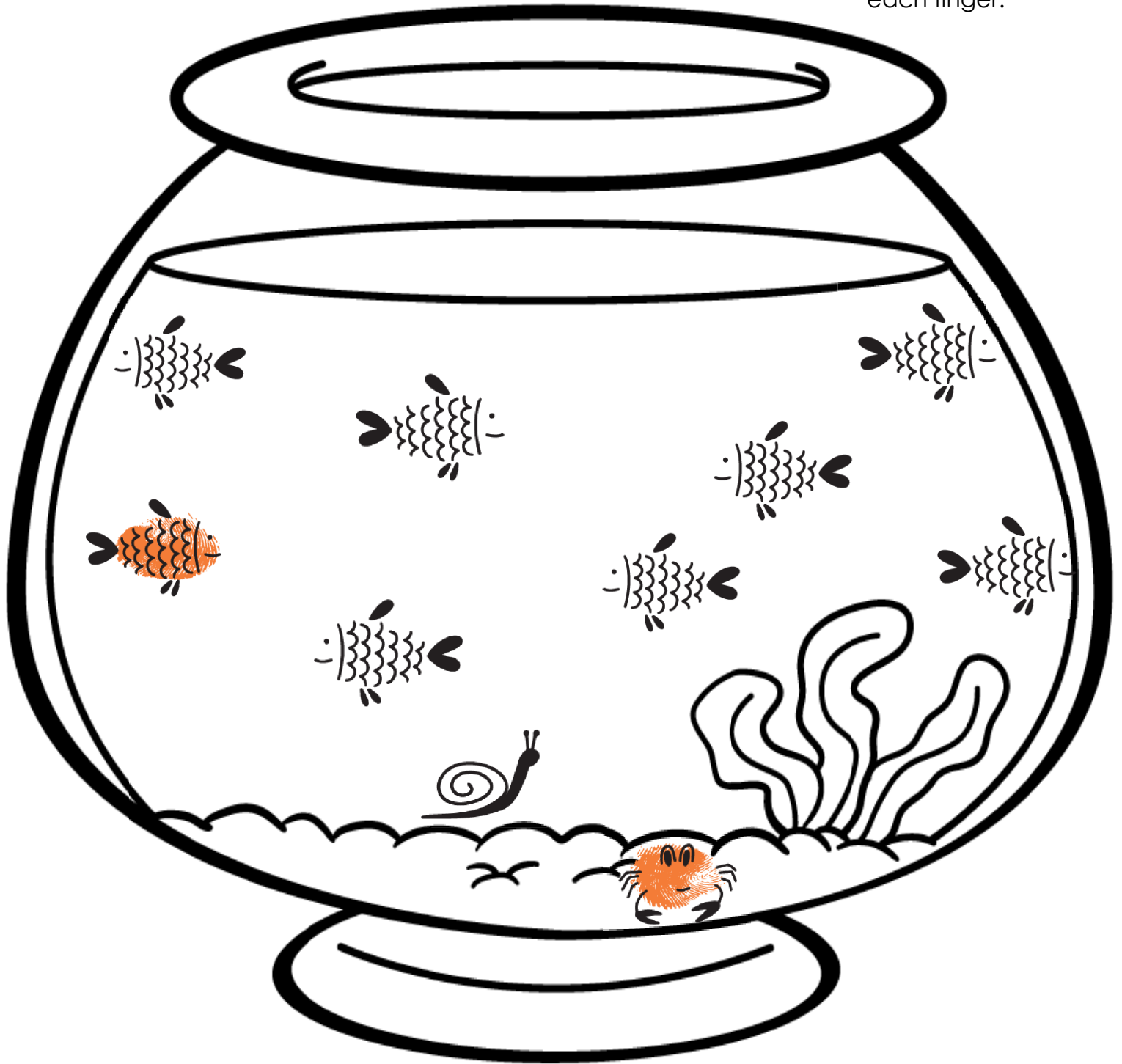
a	b	c	d
e	f	g	h
i	j	k	l
m	n	o	p
q	r	s	t
u	v	w	x
	y	z	

DRAW A LINE FOR EACH LETTER IN YOUR WORD:

FISH TANK

F U N

Use pad of finger to dab
paint or ink on fish.
Try a different color on
each finger.

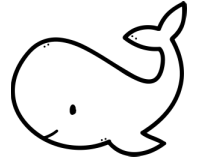


FINGERPRINT
painting



COPY THE BUTTERFLY

Copy the butterfly in the box below.

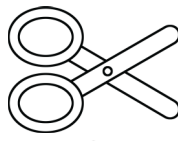


A butterfly outline with a segmented body and antennae. The wings are filled with diagonal lines from the top-left to the bottom-right.	A butterfly outline with a segmented body and antennae. The wings contain several shapes: two circles, two ovals, and two diamonds on each side.
A simple outline of a butterfly with a segmented body and antennae, no internal details.	A simple outline of a butterfly with a segmented body and antennae, no internal details.

JULY
WEEK
LEVEL 2

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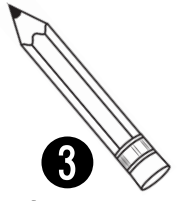
SUMMER
A B C
ORDER



1
Cut out words.



2
Put in alphabetical order.



3
Copy each word.

summer

swim

sand

beach

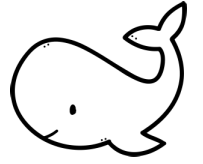
surf

ice cream

hat

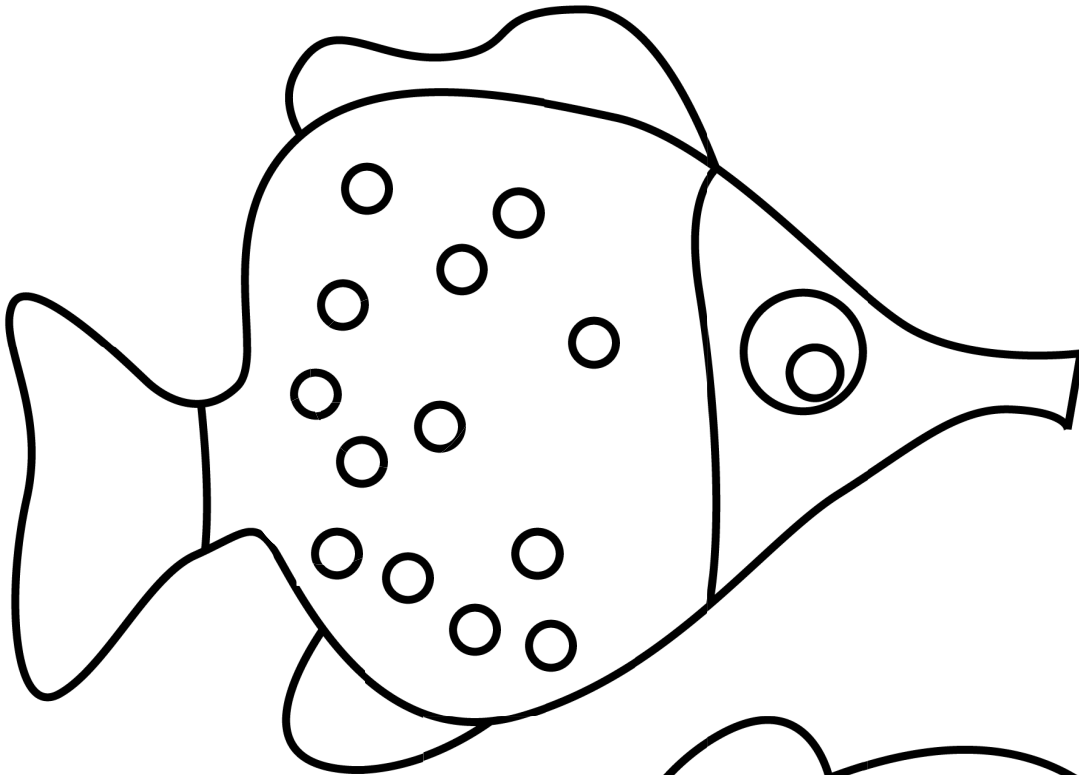
bike

HOLE PUNCH FISH FUN!



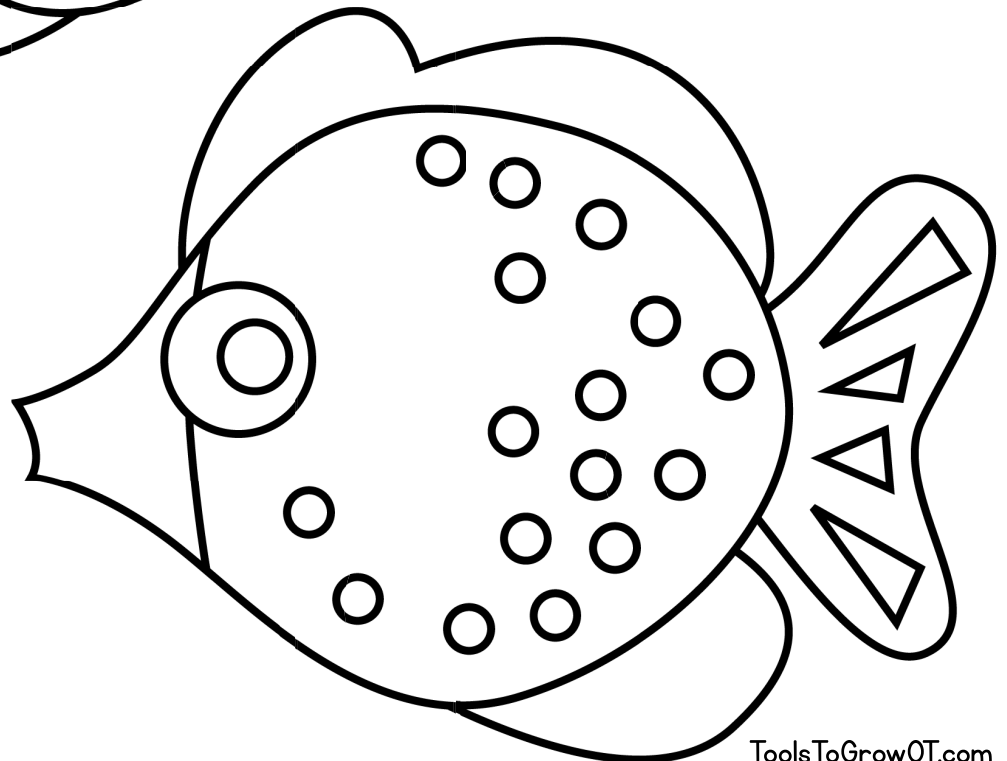
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Using a hole punch and colored construction paper, punch out the number of circles and glue them onto the images as indicated.

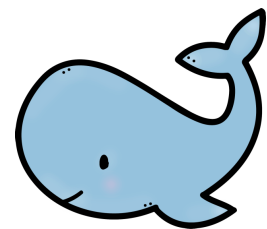


1. Color the fish blue.
2. Punch out 13 orange dots.
3. Glue them on the circles.

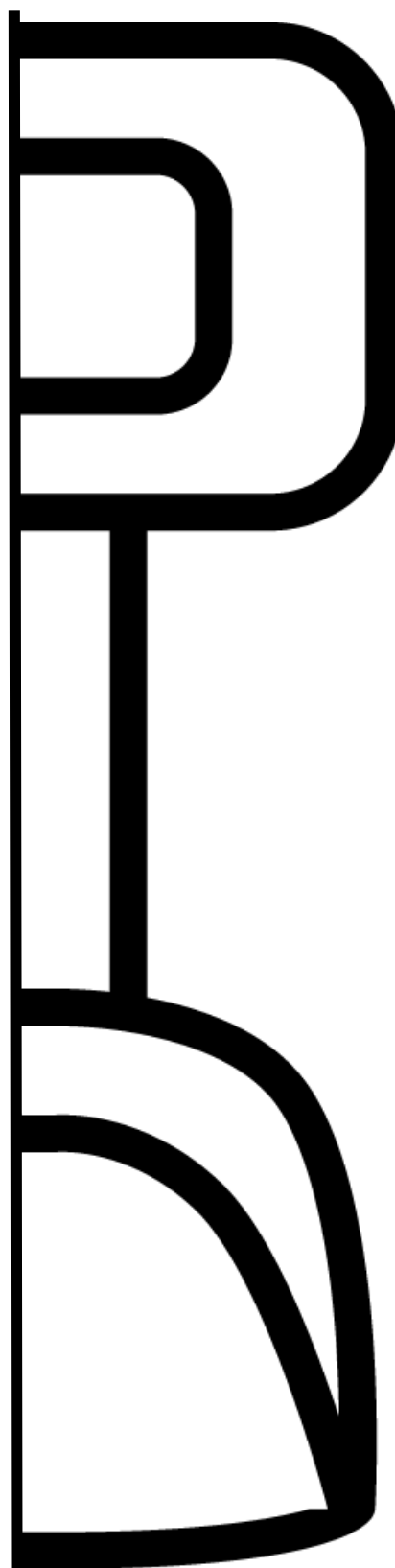
1. Color the fish yellow.
2. Punch out 16 purple dots.
3. Glue them on the circles.



VISUAL CLOSURE
SHOVEL FUN!
Draw the other side

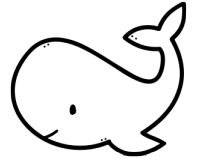


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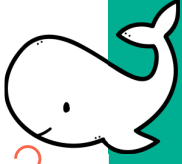


SUMMER STORY

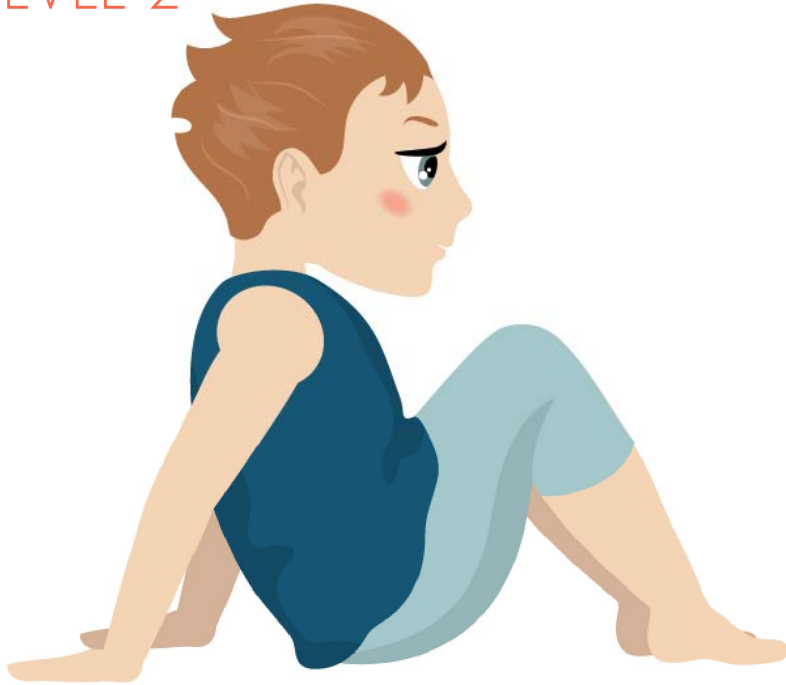
Write a story about a summer adventure.



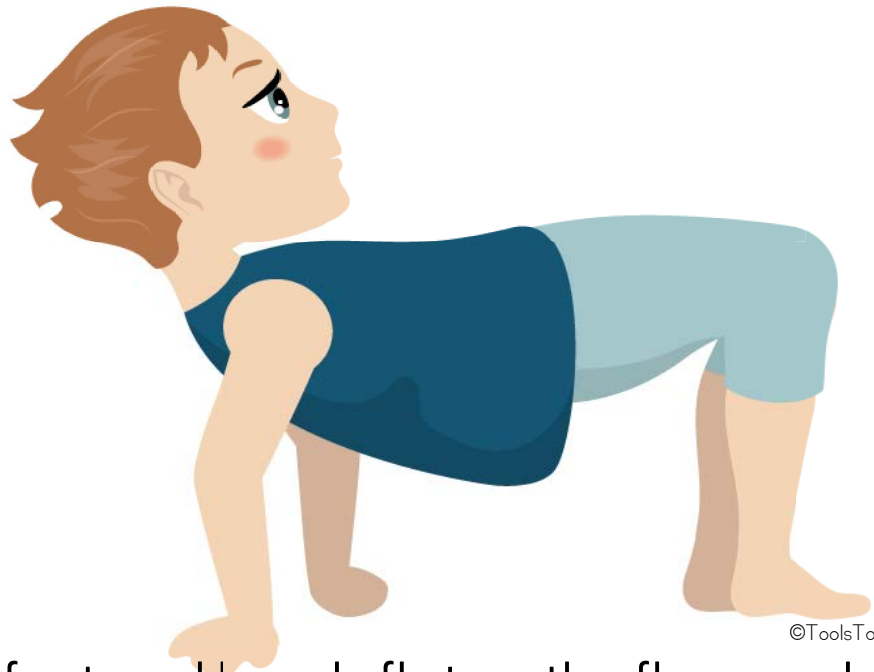
Handwriting practice lines consisting of solid top and bottom lines with a dashed middle line, repeated down the page.



TABLES!



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- ✓ Sit on floor with feet and hands flat on the floor and belly facing up
- ✓ Lift bottom off of the floor to make a flat table with your body.
- ✓ Hold for a count of 3 and return to starting position.
- ✓ Repeat 5 times!

SUMMER

AUGUST

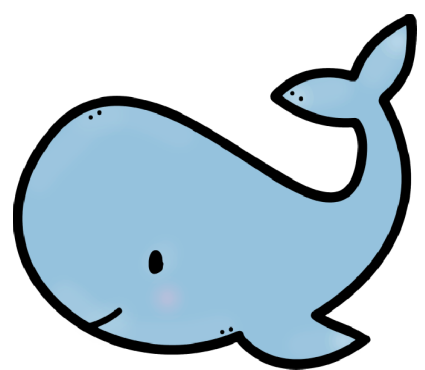
2020

WEEKLY
RESOURCES



LEVEL

2



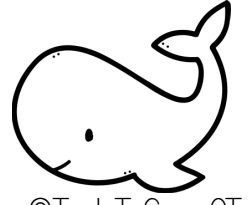
SUGGESTED AGE RANGE:
GRADE 2 - GRADE 4

AUGUST

WEEK
2

LEVEL 2

CHALK SPRAY RECIPE



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YOU WILL NEED:

- ✓ One squirt bottle
- ✓ Bowl
- ✓ Small amount of liquid dish soap
- ✓ One cup of hot water
- ✓ One tsp of washable tempera paint
- ✓ 1/2 cup cornstarch

DIRECTIONS:

1. In a bowl add cornstarch to 1 cup of hot water. Whisk to mix and eliminate lumps.
2. Add 1 tsp of washable tempera paint and a squirt of dishwashing liquid. Mix well.
3. Pour into a squirt bottle and shake well.
4. Shake well in between uses.

HOW TO USE:

- ☺ Use this spray chalk on driveway, sidewalk.

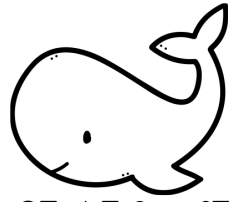
AUGUST

WEEK
2

LEVEL 2

A-Z SCAVENGER HUNT

Find something small that starts with the letters of alphabet. Once you find the item, print the word or letter and check the box.



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A: _____

B: _____

C: _____

D: _____

E: _____

F: _____

G: _____

H: _____

I: _____

J: _____

K: _____

L: _____

M: _____

N: _____

O: _____

P: _____

Q: _____

R: _____

S: _____

T: _____

U: _____

V: _____

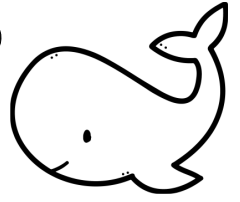
W: _____

X: _____

Y: _____

Z: _____

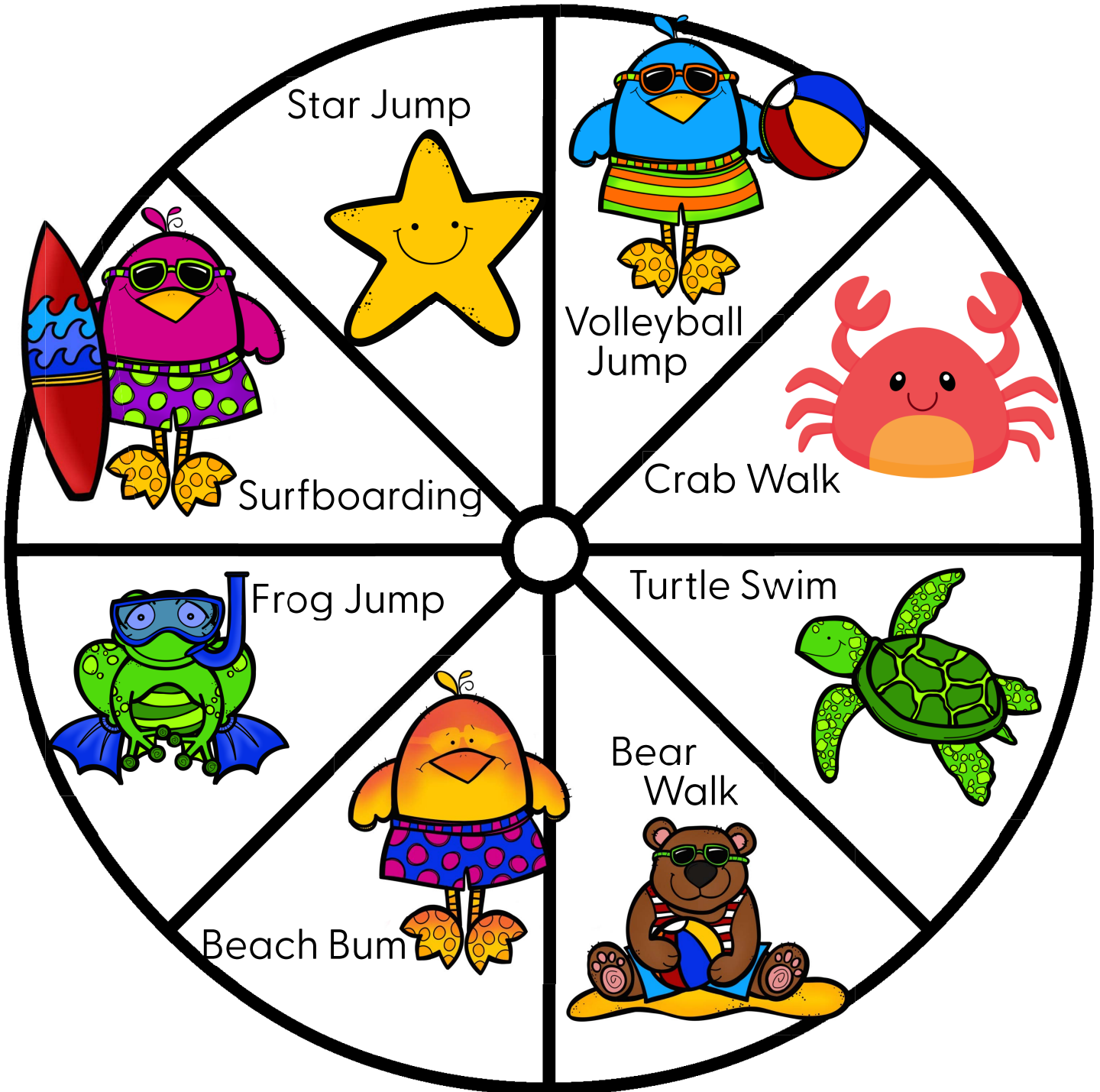
SPIN & WALK LIKE A?



Flick the spinner and complete the summer animal action that you land on.

TO CREATE SPINNER:

Place a paperclip in the middle of the circle. Use a pencil with the point/ tip in the middle of the paperclip and flick paperclip with finger.



SUMMER ANIMAL WALKS

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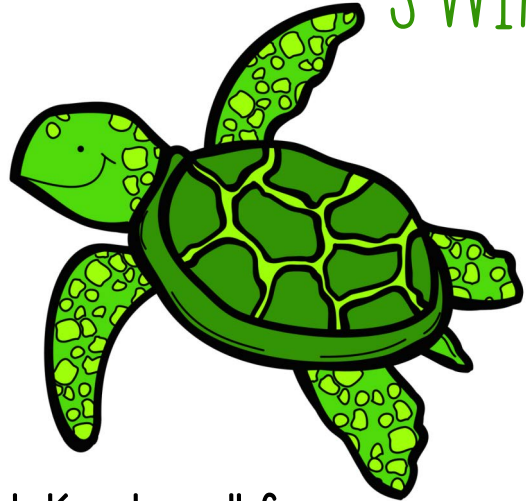
BEAR WALK

1. Bend forward to place hands on floor while keeping your weight on your feet.
2. Move right hand and right foot at the same time.
3. Move left foot and left hand at the same time.



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TURTLE SWIM



1. Kneel on all fours.
2. Slowly move your right arm and left leg at the same time.
3. Next move your left arm and right leg at same time.

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FROG JUMP

1. Squat down with your hands in-between your knees.
2. Push off with your feet to spring forward.



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BEACH BUM



1. Place your hands on your hips and bend your elbows.
2. Move your elbows back and forth to flap your wings!

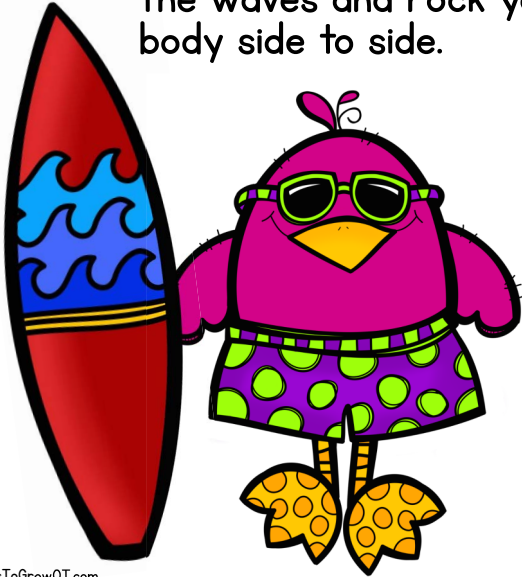
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SUMMER ANIMAL WALKS

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SURF BOARDING

1. Stand up tall with your arms to your side.
2. Pretend you are riding the waves and rock your body side to side.



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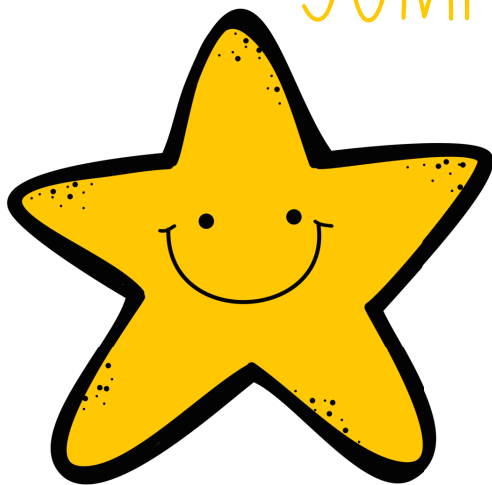
CRAB WALK

1. In a squatting position reach backwards with your arms and put both hands flat on the floor behind you.
2. Raise up bottom until your head, neck, and body are in a straight line.
3. Move forward, backwards, or sideways.



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STAR JUMP



1. Jump outwards, opening your legs wide.
2. As you jump, move your arms out, creating a star shape while in the air.

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VOLLEYBALL JUMP

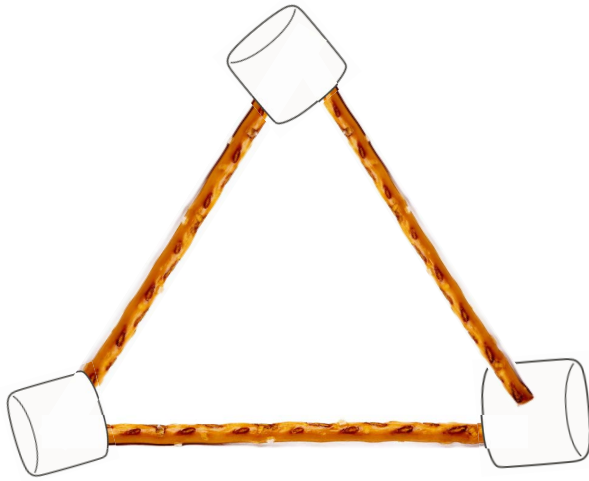
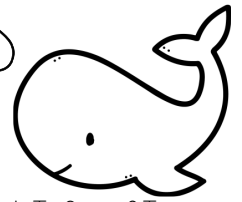
1. Stand up tall.
2. Raise both arms straight above your head.
3. Jump forward pretending to hit/volley a volleyball!



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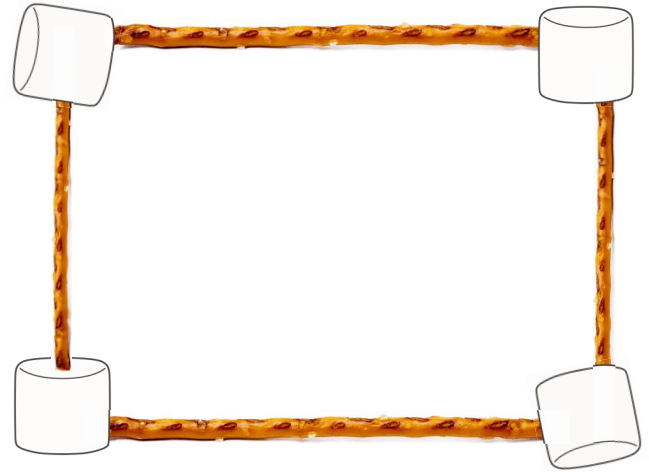
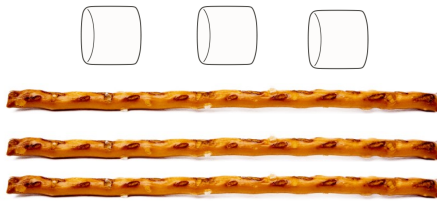
FOOD SHAPE STRUCTURES

Make shapes out of pretzel sticks/
toothpicks and mini marshmallows.



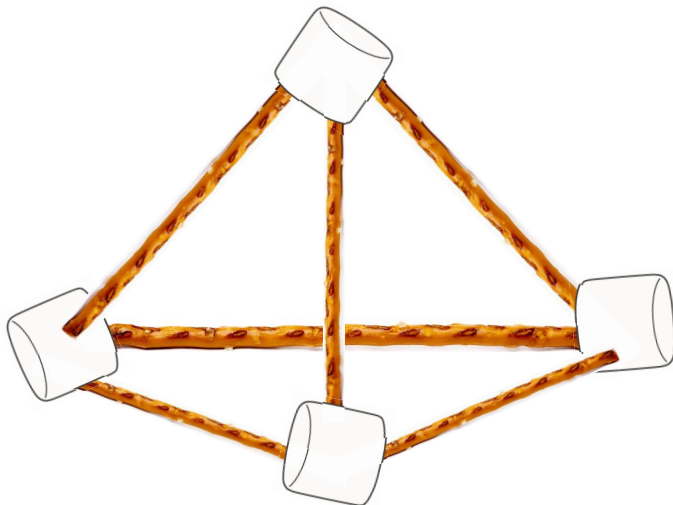
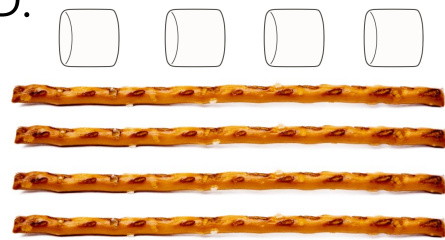
TRIANGLE

I NEED:



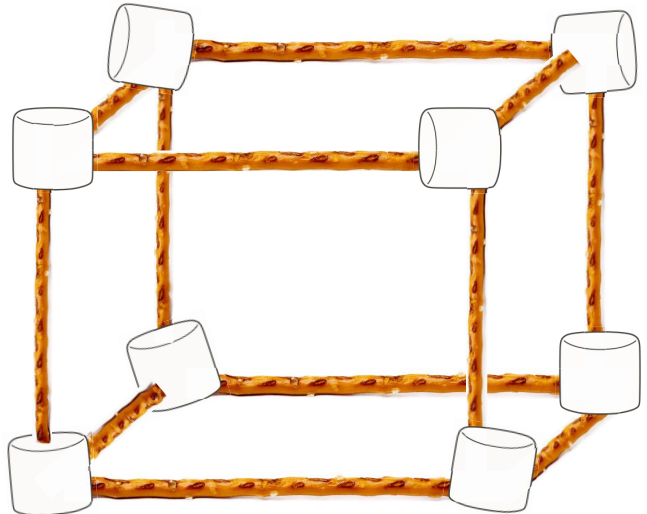
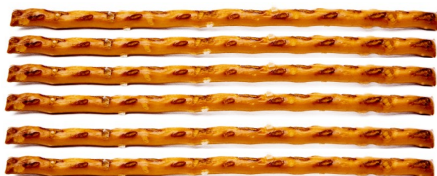
SQUARE

I NEED:



TRIANGULAR PYRAMID

I NEED:

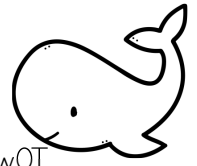


CUBE

I NEED:

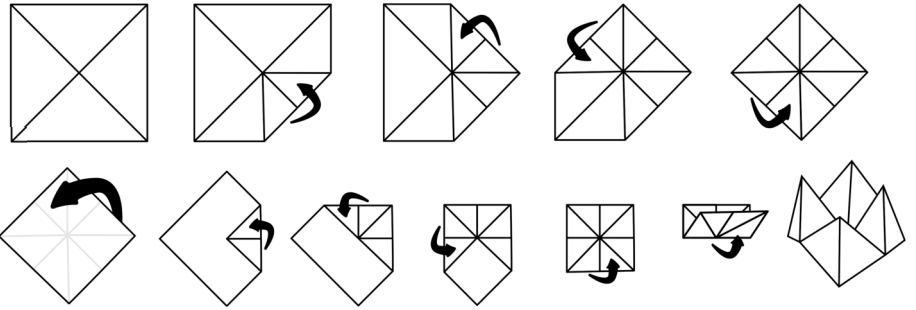


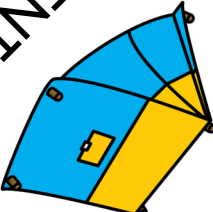



FORTUNE TELLER



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1. Cut out large square shape on the dotted lines.
2. Fold the solid lines as instructed:



 TENT	3	5	 BEAR
3	Where can you store your supplies?	What kinds of foods do you eat when you go camping?	6
3	Who would you go camping with?	What do you need to go fishing?	6
 CANOE	2	7	 FIRE
	1	8	

from the desk of



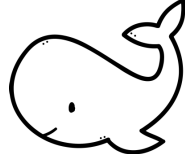
WEEK

5

LEVEL 2

WRITE A LETTER

Practice printing a letter to
someone special



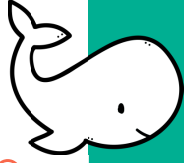
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Handwriting practice area consisting of 10 sets of horizontal lines. Each set includes a solid top line, a dashed middle line, and a solid bottom line, providing a guide for letter height and placement.

AUGUST

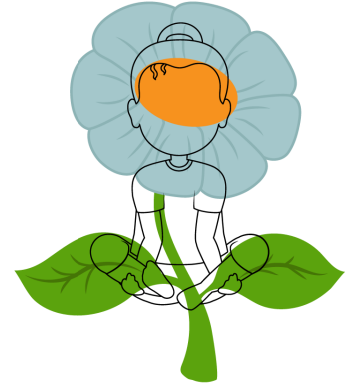
WEEK
3

LEVEL 2



FLOWER POSE

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1. Sit on bottom, body upright.
 2. Bring bottoms of feet together and knees out to the sides.
 3. Thread hands under lifted knees.
-

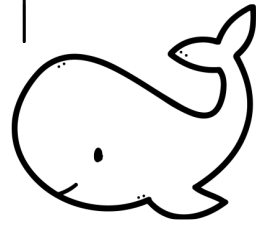
AUGUST

WEEK
4

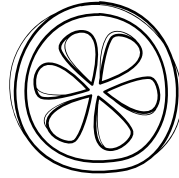
LEVEL 2

FRUIT MIX DOUGH

SUMMER TIME FUN



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YOU WILL NEED:

- 2 1/4 cups all-purpose flour
- 1 cup salt
- 2 tablespoons unsweetened “fruit flavored” powder drink mix
- 4 tablespoon vegetable oil
- 1 cup water
- Large bowl
- Large Spoon

DIRECTIONS:

1. Mix flour, salt, and powdered drink mix together into a large bowl
2. Add vegetable oil and water; stir with a spoon
3. Knead mixture to form dough
4. May need to add a little more flour (if sticking to sides of bowl) or water (if too dry)

FUN TIPS:

- Some children may initially resist touching the ingredients or dough with their fingers.
- Gently entice your child to explore and create with the dough.
- This dough may be used for squeezing, pounding, rolling, cutting and using cookie cutters.
- Smells great & non-toxic for those children that may sneak a bite!
- Store in an air tight container or plastic zip bag.
- To enhance the color you may add some food coloring that matches the scent (ex: yellow for lemon, red for strawberry, purple for grape).

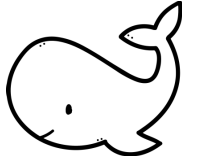
AUGUST

WEEK 4

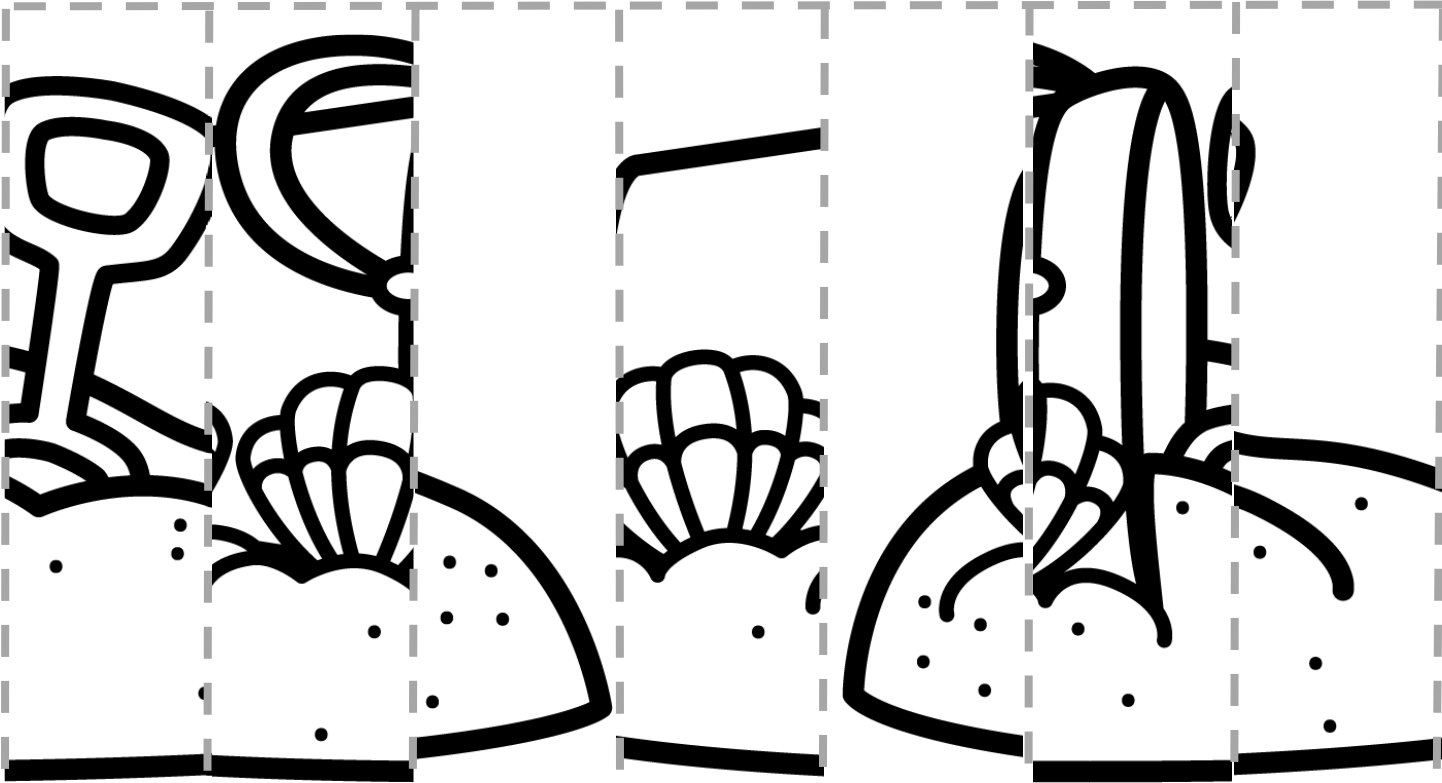
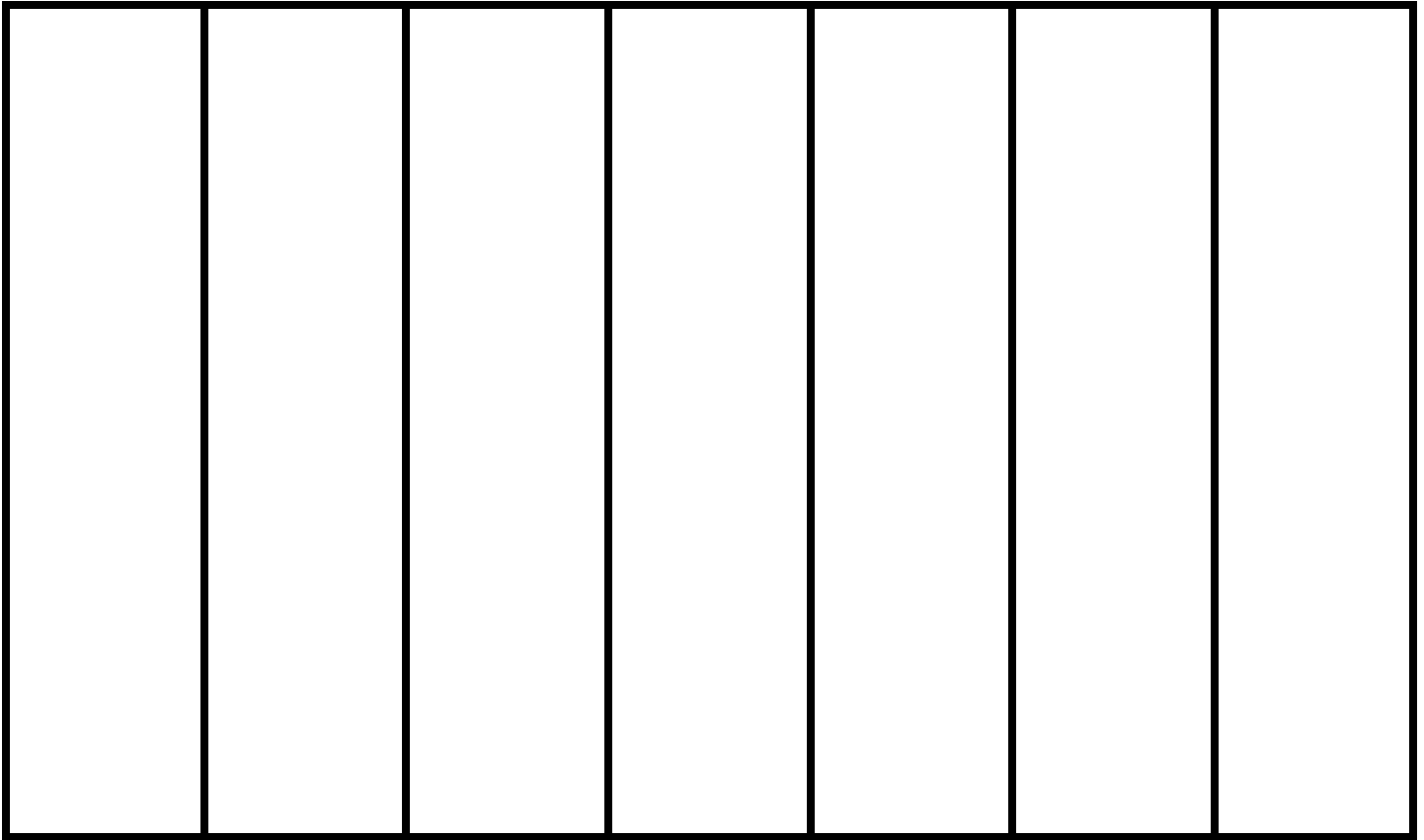
LEVEL 2

SUMMER PUZZLE

Cut on the dotted lines and glue the puzzle back together in the correct number order.



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5

3

7

2

1

4

6

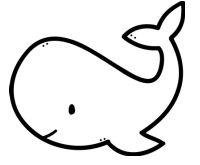
AUGUST



LEVEL 2

PRINTING PRACTICE

Write a story about the best part of your summer!



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Handwriting practice lines consisting of 10 sets of horizontal lines. Each set includes a solid top line, a dashed middle line, and a solid bottom line.

AUGUST

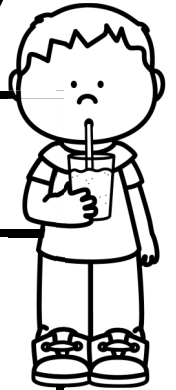
WEEK 4

LEVEL 2



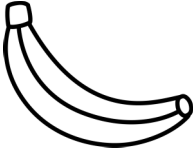




STRAWBERRY BANANA SMOOTHIE

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recipe




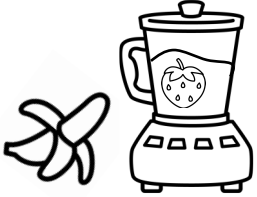



INGREDIENTS AND TOOLS LIST

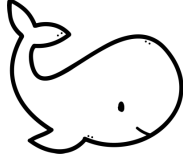
	1 cup Frozen Strawberries	<input type="checkbox"/>
	2 cups Orange Juice	<input type="checkbox"/>
	1 Banana	<input type="checkbox"/>
	1/2 cup Milk	<input type="checkbox"/>
	Blender	<input type="checkbox"/>
	Measuring Cups (1 cup and 1/2 cup)	<input type="checkbox"/>
	Plastic Cup & Straw (optional)	<input type="checkbox"/>

STRAWBERRY BANANA SMOOTHIE

recipe

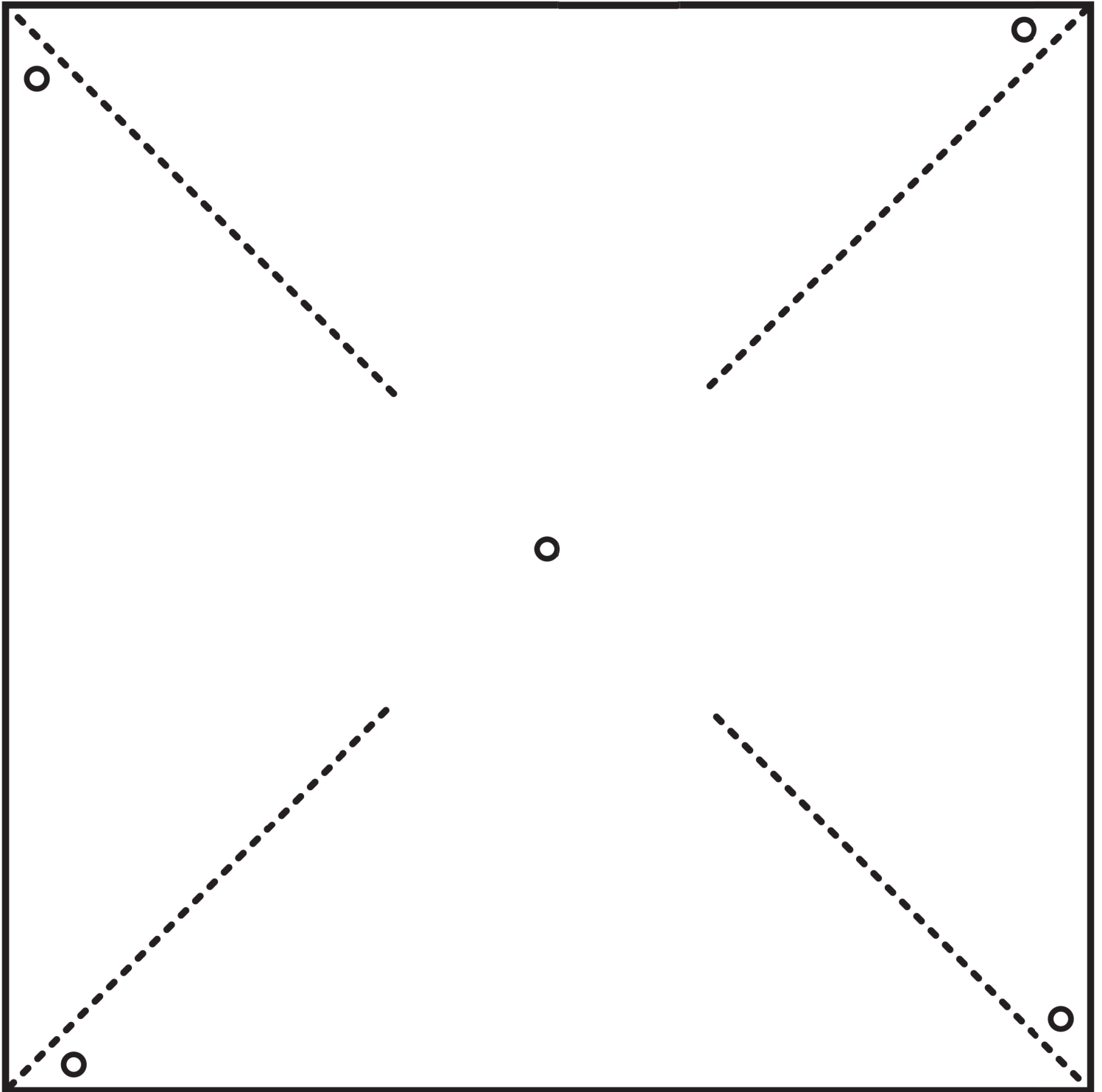
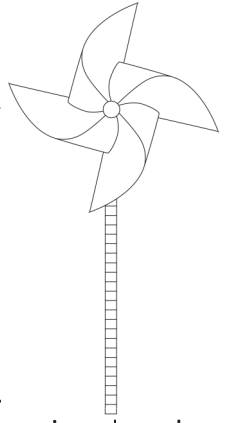
STEPS TO COMPLETE

<p>1</p>	<p>Add 1 cup of frozen strawberries to the blender.</p>		<input type="checkbox"/>
<p>2</p>	<p>Add 2 cups of orange juice to the blender.</p>		<input type="checkbox"/>
<p>3</p>	<p>Peel 1 banana.</p>		<input type="checkbox"/>
<p>3</p>	<p>Add 1 peeled banana to the blender.</p>		<input type="checkbox"/>
<p>4</p>	<p>Add ½ cup of milk to the blender.</p>		<input type="checkbox"/>
<p>5</p>	<p>Blend in blender until smooth.</p>		<input type="checkbox"/>
<p>6</p>	<p>Pour into glass. Enjoy.</p>		<input type="checkbox"/>

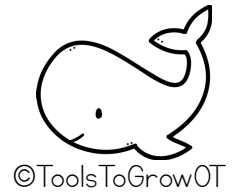


MAKE A PINWHEEL

1. Cut out square below.
2. Cut along the dotted lines from each corner.
3. Punch holes in the circles.
4. Gently bend (don't fold) one of the cut corners to the center point.
5. Skip the next cut corner, and bend the next one.
6. Skip and bend until all four points meet in the center.
7. Stich a pin through all four points and the back of the pinwheel.
8. Stick the pin into the eraser on top of a pencil.



ICE EGGS RECIPE



This is a fun sensory activity that children will really enjoy on a hot day. The child will also have a small little toy once the eggs melt!

YOU WILL NEED:

- ✓ Small Bowl
- ✓ Tiny plastic toys to place in center of balloons
- ✓ Small balloons

DIRECTIONS:

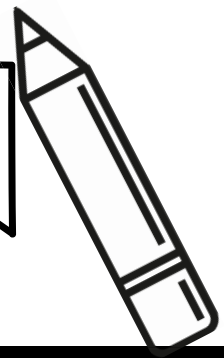
1. Carefully place a tiny plastic toy/figure (ex: animal, dinosaur, fairy) into the center of a small balloon.
2. Add water and tie.
3. Place the balloons into the freezer and allow to freeze.
4. Once frozen, peel off the balloon and allow child to play with the frozen ice egg.
5. Help your child learn the various sensory features of this activity by labeling and discussing vocabulary such as hard, cold, wet, etc.

AUGUST

WEEK 4

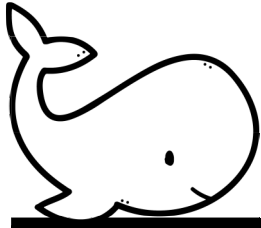
LEVEL 2

SUMMER



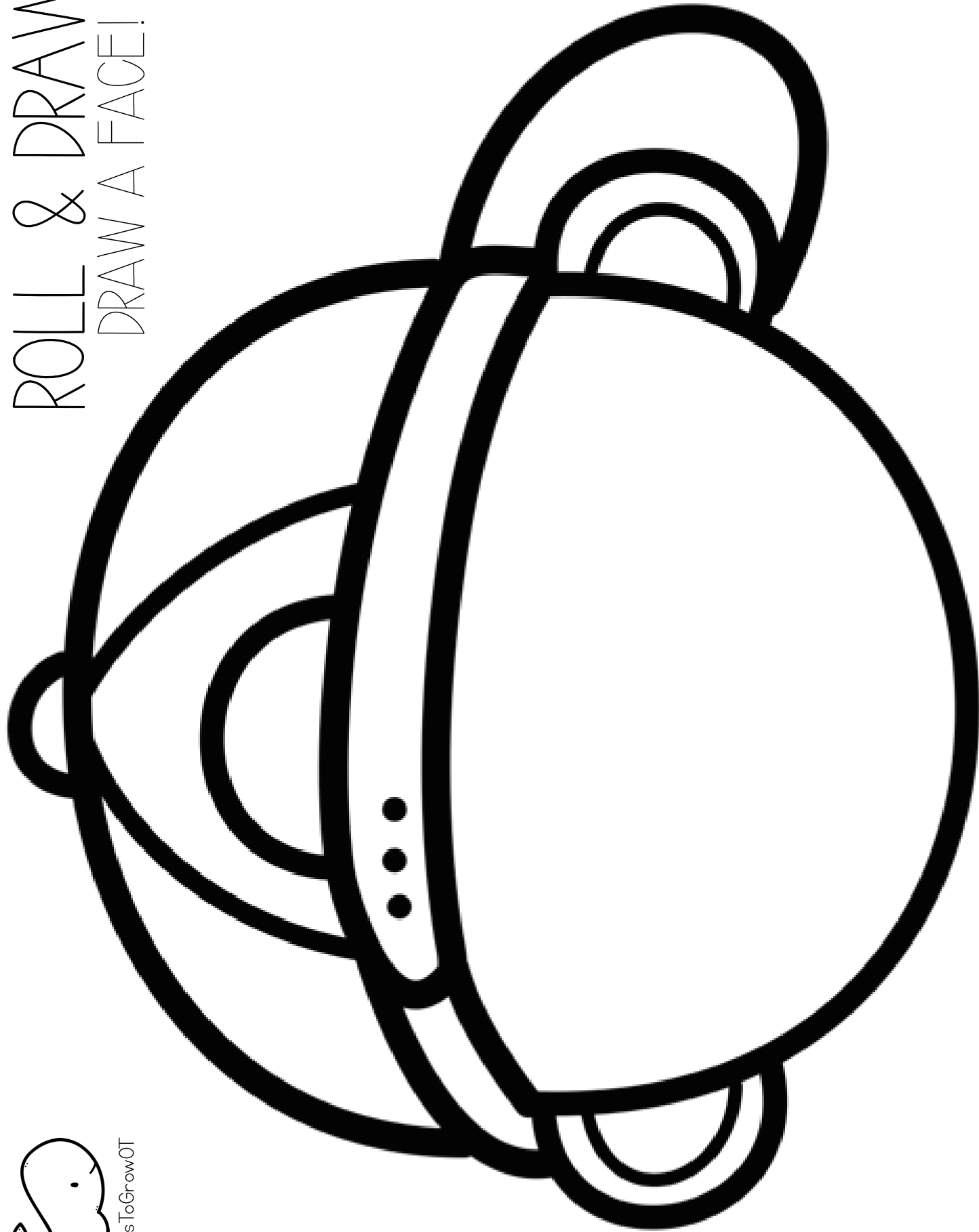
DRAW A FACE!

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	1 ST ROLL	2 ND ROLL	3 RD ROLL
	EYES	NOSE	MOUTH

ROLL & DRAW!
DRAW A FACE!



©Tools To Grow OT

ROLL & DRAW!
DRAW A FACE!



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AUGUST

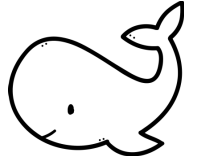


WEEK


5

LEVEL 2

LET'S COLOR! SUMMER MEMORIES

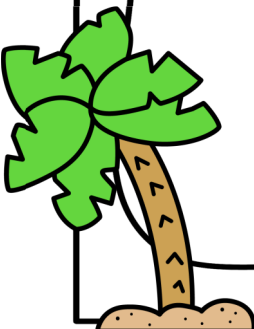



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Picture of me :

To cool off I ...

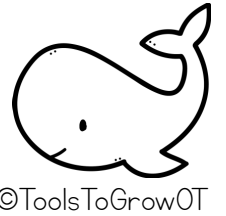


I played ...

Something fun I did ...



STACK COINS! FINE MOTOR challenge!

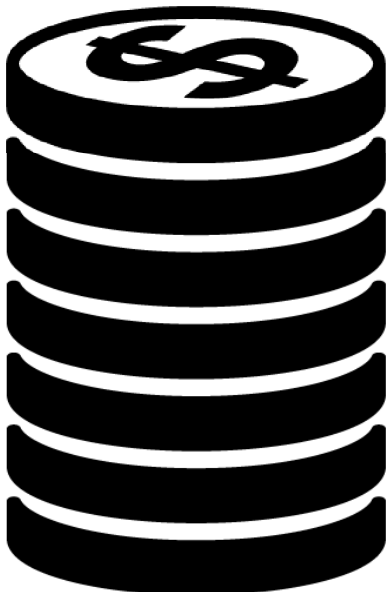
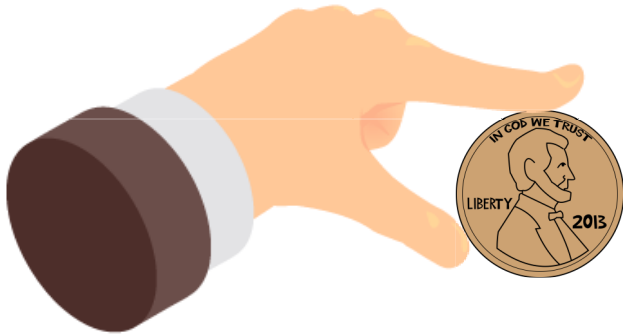


STEP 1:
Place
coins on
table.

STEP 2:
Stack
coins on
top of
each
other.

STEP 3:
How many
did you
stack
before the
pile fell
over?

STEP 4:
Try again.
Did you
do better
this time?



TRIAL	# of COINS STACKED
1	
2	
3	
4	
5	